## MARIJUANA FACT SHEET

87.7% of HSC students choose not to use marijuana (NCHA, 2022).

## Know the facts

Check out HSC's <u>Drug Free</u> <u>Schools and</u> <u>Communities Act</u>

## Effects of short term use

- Impaired short-term memory
- Impaired motor coordination
- Altered judgement and risks for engaging in dangerous behaviors
- Paranoia and psychosis

## Long-term use effects

- Addiction
- Altered brain development
- Poor academic performance, and cognitive impairment
- Diminished achievement and satisfaction of life
- Chronic Bronchitis
- Pregnancy and fetal growth complications
- Chronic psychosis disorders

References: <u>Adverse Health Effects of Marijuana Use</u> <u>Addiction (Marijuana or Cannabis Use Disorder)</u>

