

University of North Texas Health Science Center Office of Care and Civility

Resource Guidebook: Conroe

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Please note that the community and national resources listed are not meant to be comprehensive in nature and are not affiliated with HSC.

If you have any questions regarding resources, please don't hesitate to contact the Office of Care and Civility OCC@unthsc.edu

Campus Resources

Care Team | SSC 2nd floor | 817.735.2740 | careteam@unthsc.edu

https://www.unthsc.edu/care-and-civility/care-team/

- Contribute to healthier communities by assisting in protecting the health, safety and the HSC community
- Foster student success
- Provide a comprehensive response to students
- Report a Student of Concern: https://unthsc.edu/studentofconcern

Career Center | SSC 2nd floor | 817.735.5020 | CareerCenter@unthsc.edu

https://www.unthsc.edu/students/career-center/

- Career Assessment
- Interviewing and Etiquette Skills
- Resume/CV. Cover Letter Assistance
- Job Fair and Job Posting Information
- Job Search Series

Center for Academic Performance | SSC 2nd floor| 817.735.2531| CAP@unthsc.edu

https://www.unthsc.edu/students/center-for-academic-performance/

- Academic Counseling and Resources
- Learning and Study Strategies Assessments
- Writing Support
- Tutoring
- Workshops
 - o Time Management
 - o Test-Taking Skills
 - o Paper Formatting
 - Learning Styles

Institute for Health Aging | 817.735.5408 | https://www.unthsc.edu/healthy-aging/

Community Garden | 3621 W. 7th Street, Fort Worth, TX 76107 | 817.735.2451 | https://www.unthsc.edu/operations/sustainability/community-garden-locations-design/

Earth Club | https://orgsync.com/70114/chapter | earthclub@live.unthsc.edu

Financial Aid | SSC 1st floor | 817.735.2505 | finaid@unthsc.edu https://www.unthsc.edu/financial-aid/

- Loan Disbursement Dates
- External/Outside Scholarships
- Types of Aid and How to Apply
- Cost of Attendance
- Withdrawal/Leave of Absence/Return of Title VI Fund
- Special Circumstance Form

Gibson D. Lewis Health Science Library 3500 Camp Bowie Boulevard, Fort Worth, TX 76107 817.735.2465 https://library.hsc.unt.edu/

International Services | SSC 2nd floor | 817.735.2780 | https://www.unthsc.edu/students/international-student-and-scholar-services/

- Maintaining F1 Status
- CBP 1-94 Retrieval
- Internal Student Association

Office of Disability Accommodations | SSC 2nd floor | 817.735.2134 | https://www.unthsc.edu/students/office-of-disability-accomodations/

- Facilitates academic accommodations with documentation
- Assist students with class access concerns
- Liaison between students and department
- Coordinated equipment access for in-class use
- Works with students and professors regarding accommodations needed

Office of Student Development-Student Diversity and Inclusion \mid SSC 2^{nd} floor \mid 817.735.5006 \mid https://www.unthsc.edu/students/student-development/student-diversity-inclusion/

Office of the Registrar | SSC 2nd floor | 817.735.2201 | <u>Registrar@unthsc.edu</u> https://www.unthsc.edu/students/registrar/

- Loan Deferments
- Transcript Requests
- Enrollment Verifications
- VA Certification
- Add/Drop Classes
- Withdrawal/Leave of Absence

Office of Sustainability | Facilities Management, 3416 Darcy Rm. 110, Fort Worth, TX 76107 | 817.753.2451 | https://www.unthsc.edu/operations/sustainability/contact-us/

Student Food Pantry | 1051 Haskell Ave., Fort Worth, TX 76107 | Student Service Center, Suite 224 | 817.753.5172 | https://www.unthsc.edu/care-and-civility/wellness-programs/food-pantry/

- Free non-perishable food, toiletries, and limited kitchen utensils
- Occasional fresh herbs and produce
- Recipes and cooking tips

Student Health Clinic PCC 3rd floor | 817.735.5051 | <u>StudentHealth@unthsc.edu</u> https://www.unthsc.edu/students/student-health/clinic-information/

- Services: Primary Care and Psychiatric
- Consultation, evaluation, diagnosis, and treatment
- Prescribe, monitor, and manage medications

HSC Fitness Center | Founders Activity Center (FAC) Building, 3500 Camp Bowie Blvd, Fort Worth, TX 76107 | 817.735.2209 | https://www.unthsc.edu/care-and-civility/fitness-center/

My SSP through LifeWorks (24/7 immediate and ongoing counseling) | 866.743.7732 | us.myissp.com | or call or chat directly from the free My SSP app

- Cultural Adaptation
- Mental Health
- Student Life
- Relationships
- Anxiety
- Stress

Community Resources

[Please note that these resources are not meant to be comprehensive in nature and are not affiliated with HSC.]

Mental Health & Substance Abuse Resources

Mental Health Resource Center | 936.494.4357 | http://www.mentalhealthresourcecenter.com/

Mental Health Court Services | 936.538.8131 |

https://www.mctx.org/departments/departments_l_-p/mental_health_court_services/index.php

Tri-County Behavioral Healthcare | 936.521.6100 | http://www.tricountyservices.org/

Lonestar Family Health Center | 936.539.4004 | https://www.lonestarfamily.org/patient-services/behavioral-health/

Woodland Springs | 936.213.5843 | https://woodlandspringshealth.com/

Domestic Violence Resources

Mercy House | 800.403.6120 | https://mercyhousesite.org/

Montgomery County Sheriff's Office | 936.760.5800 |

http://www.mctxsheriff.org/residents/victim_services/links.php

Montgomery County Women's Center | 936.441.4044 | https://mcwctx.org/our-services-2/what-is-domestic-violence/

Food & Clothing Assistance

Montgomery County Food Bank | 936.271.8800 | https://mcfoodbank.org/

First Christian Church | 936.756.3554 | http://www.firstchristianchurchconroe.org/

Community Assistance Center | 936.539.1096 | https://cac-mctx.org/

Sacred Heart Church | 936.756.8186 | https://www.shconroe.org/

National Resources

[Please note that these resources are not meant to be comprehensive in nature and are not affiliated with HSC.]

Cultural Resources

National Association for the Advancement of Colored People (NAACP) | 4805 Mt. Hope Drive, Baltimore, MD 21215 | 410.580.5777 or 877.622.2798 (toll-free) | http://www.naacp.org/

NCAPA: List of National Coalition Members | 1629 K Street NW, Suite 400, Washington, DC 20006 | 202.706.6768 | |http://www.ncapaonline.org/coalition_members

League of United Latin American Citizens (LULAC) | 1133 19th Street, NW, Suite 1000, Washington, DC 20036 | 202.833.6130 | https://lulac.org/

Domestic & Sexual Violence Resources

National Center for Victims of Crime | 2000 M Street NW, Suite 480, Washington, DC 20036 | 202.467.8700 | http://victimsofcrime.org/

National Child Abuse Hotline | 1.800.422.4453 | http://www.childhelp.org/

National Dating Abuse Helpline | 1.866.331.9474 | http://www.loveisrespect.org/

National Domestic Violence Hotline | 1.800.799.7233 | http://www.thehotline.org/

National Human Trafficking Resource Center | 1.888.373.7888 or Text 233733 | http://www.traffickingresourcecenter.org/

National Network to End Domestic Violence Hotline | 1.800.799.7233 | https://nnedv.org/

National Resource Center on Domestic Violence | 1.800.799.7233 | http://www.nrcdv.org/

National Sexual Assault Hotline | 1.800.656.4673 | https://www.rainn.org/

National Suicide Prevention Lifeline | 1.800.273.8255 |

http://www.suicidepreventionlifeline.org/

Texas Advocacy Project, Family Violence Legal Line | 800.374.4673 |

http://www.texasadvocacyproject.org/index.php

Texas Advocacy Project, Sexual Assault Legal Hotline | 888.296.7233 |

http://www.texasadvocacyproject.org/index.php

Texas Child Protective Services Hotline | 1.800.252.5400 | http://www.dfps.state.tx.us/

Veterans Crisis Hotline | 1.800.273.8255, Press 1 | http://veteranscrisisline.net/

Environmental Resources

Blue Zones Project | 1300 Summit Avenue Suite 750, Fort Worth, TX 76102 | 817.869.0900 | bluezonesprojectfortworth@sharecare.com | https://fortworth.bluezonesproject.com/

Earth911 | http://earth911.com/

Guide to Sustainability in College & Life |

http://www.accreditedschoolsonline.org/resources/going-green-at-school/

National Environmental Organizations List | http://www.eco-usa.net/orgs/national.shtml

Sustainability at the Environmental Protection Agency | 1200 Pennsylvania Ave, NW (1807T), Washington, DC 20460 | 202.564.4700 | https://www.epa.gov/sustainability

Financial Assistance

Astra Zeneca Prescription Assistance | 1.800.292.6363 | http://www.astrazeneca-us.com/medicines/help-affording-your-medicines/azandme-prescription-savings-programs

Doctors Without Quarters | 1015 Corporate Square Dr., Suite 300, Saint Louis, MO 63132 | 314.787.7399 | http://www.dwoq.com/

Federal Student Financial Aid | 1.800.557.7394 | https://studentloans.gov/myDirectLoan/index.action

Glaxo Smith Kline Bridges to Access Prescription Help | 1.866.728.4368 | https://www.gskforyou.com/

Lilly Cares Prescription Help | 1.800.545.6962 | http://www.lillytruassist.com/aboutlillycares.aspx

Suze Orman Resource Center | http://www.suzeorman.com/resource-center/

Mental Health & Counseling Services

Actively Moving Forward (AFM) Support Network for College Students | 2934½ Beverly Glen Circle, #266, Los Angeles, CA 90077 | 1.888.489.9654 | https://healgrief.org/actively-moving-forward/

Bereaved Parents of the USA | National Office, c/o Katherine Corrigan, 5 Vanek Road, Poughkeepsie, NY 12603 | 845.462.2825 | http://www.bereavedparentsusa.org/

National Alliance for Grieving Children | 3500 North A Street, Suite A-2 | Midland, TX 79705 | 866.432.1542 | http://www.childrengrieve.org/

National Suicide Prevention Lifeline | 1.800.273.8255 | http://www.suicidepreventionlifeline.org/

Occupational Health Resources

American Association of Colleges of Pharmacy (AACP) | 1727 King Street, Alexandria, VA 22314 | 703.739.2330 | mail@aacp.org | http://www.aacp.org/career/careercenter/Pages/default.aspx

American Association of Colleges of Osteopathic Medicine (AACOM) | 7700 Old Georgetown Road, Suite 250, Bethesda, MD 20814 | 301.968.4100 | webmaster@aacom.org | http://www.aacom.org

Association of Clinical Research Professionals (ACRP) | 99 Canal Center Plaza, Suite 200, Alexandria, VA 22314 | 703.254.8100 | office@acrpnet.org | https://www.acrpnet.org/

American Physical Therapy Association | 1111 North Fairfax Street, Alexandria, VA 22314 | 800.999.2782 | http://www.apta.org/apta/hotjobs/default.aspx

ExploreHealthCareers.org | https://explorehealthcareers.org/career-explorer/ | Email comments and questions to feedback@explorehealtcareers.org

Texas Academy of Physician Assistants | 401 W. 15th Street, Ste. 100, Austin, TX 78701 | 800.280.7655 | admin@tapa.org | https://www.tapa.org/amsimis/

Texas Hospital Association | 1108 Lavaca, Suite 700, Austin, TX 78701 | 512.465.1000 | info@tha.org |

http://texashealthcarejobs.jobscience.com/JsrApp/index.cfm?prodApp=CC153C84-AF0B-4F17-A32A-75AEC3B65159

Texas Pharmacy Association | 3200 Steck Avenue, Suite 370, Austin, TX 78757 | 800.505.5463 | http://www.texaspharmacy.org/

Texas Physical Therapy Association | 900 Congress Avenue, Suite 410, Austin, TX 78701 | 512.477.1818 | http://www.tpta.org/

Texas Public Health Association | P.O. Box 201540, Austin, TX 78720 | 512.336.2520 | txpha@aol.com | http://www.texaspha.org/

U.S. Bureau of Labor Statistics | Office of Occupational Statistics and Employment Projections | 2 Massachusetts Avenue, PSB Suite 2135, NE Washington, DC 20212 | 202.691.5700 | https://stats.bls.gov/ooh/

Physical Activity Resources

Centers for Disease Control and Prevention | 1600 Clifton Road, Atlanta, GA 30329 | 800.232.4636 | https://www.cdc.gov/physicalactivity/basics/index.htm

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