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HEALTH SCIENCE CENTER at FORT WORTH

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UNTHSC College of Pharmacy



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Now more than ever, students need our help to prepare for the admissions process. We have designed a toolkit to help you share resources with your students.

This tool kit provides:

- Sample social media posts
- Customized hashtags
- Premade graphics
- Student perspective blog







Tweet



Don't forget to research scholarship offerings when applying to pharmacy school! @UNTSCP has great scholarship opportunities for students. Learn more here!! #chooseHSCPharmacy

Don't let spring deadlines sneak up on you! Get a head start and apply for pharmacy school @UNTSCP by April 1, 2021. Learn more <u>here!</u> #chooseHSCPharmacy

Considering a Doctor of Pharmacy? See what Fort Worth's HSC College of Pharmacy has to offer here! #chooseHSCPharmacy

HSC College of Pharmacy can't meet in person, but we can meet you virtually! Get all your questions answered with virtual admissions advising or webinars! Learn more here! #chooseHSCPharmacy





Post on Instagram and Facebook



Students know that the busier you get, the quicker deadlines approach! Don't let important spring deadlines sneak up on you! Get a head start and apply for pharmacy school at the HSC College of Pharmacy at Fort Worth by April 1, 2021. Learn more here!
@untscp #chooseHSCPharmacy

Research scholarship offerings when applying to pharmacy school! The HSC College of Pharmacy at Fort Worth has great scholarship opportunities for competitive students. Learn more here! @untscp #chooseHSCpharmacy

Considering a Doctor of
Pharmacy? See what Fort Worth's
HSC College of Pharmacy has to
offer: a highly diverse student
population, a program invested in
student success, and an
interdisciplinary campus to
promote collaboration. Learn more
here! @untscp
#chooseHSCPharmacy

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Website Blog

Blog: 5 tips for success in pharmacy school

Here is the link to the blog to post on websites and social media!

https://www.unthsc.edu/college-of-pharmacy/five-tips-for-success-in-pharmacy-school/

Five tips for success in pharmacy school

Published: October 14, 2020

Transitioning from an undergraduate program to professional school can be intimidating for first-year students.

Sanjida Hoque, a fourth-year pharmacy student at The University of North Texas Health Science Center at Fort Worth, recently shared her wisdom and advice as the student guest speaker for the Class of 2024 White Coat Ceremony.

Sanjida shared these five tips to achieve success in pharmacy school:

1. Prioritize self-care

Be mindful of your emotions and physical health. Pharmacists recommend lifestyle changes to patients to help them lead healthier happier, and longer lives, so why not start the process from within? Remaining active in things that create joy can help you cope with the stress pharmacy exhool might bring. It will also make the pharmacy experience more enjoyable and keep you feeling rejuvenated!



2. Establish a support system

Stay in touch with family and friends because they can provide the fuel you need to push through pharmacy school. Interacting with people who aren't in pharmacy school can be refreshing! Classmates can be great support systems as well because you will be sharing a similar experience with them over the next four years, and they will likely be going through the same feelings and events as you.

3. Utilize the resources around you

The HSC College of Pharmacy offers many academic resources and has people who will reach out about specific help they offer. Along with academic help, numerous services and points of contact are available on this campus to facilitate your goals and ideas in order to transform them into reality. Just take the initiative to reach out for help to ensure you have every opportunity to succeed.

4. Get involved

Student organizations are a great way to get involved and stay updated on the rapid changes in the pharmacy industry. Joining organizations or clubs can also help you discover the different areas of pharmacy you could pursue. Activities and volunteering events associated with student organizations can bring you a network of supportive people who are ready to help you reach your goals!

5. Believe in your potentia

Challenges and obstacles will be present throughout your life, but how you react to adversity is what defines your character. Turn disappointment into determination and make the necessary changes needed to achieve the goals you have in mind. Support your potential by celebrating your successes, progresses, and millestones. Celebrating after milestones or any kind of good news is perfectly acceptable and helps you grasp the idea that you are one step closer to your goals.

About Sanjida Hoque

Sanjida is a fourth-year pharmacy student who is completing clinical rotations for the final year of the Pharm D program. She completed her prepharmacy coursework and Bachelor of Science in Healthcare Studies at The University of Texas at Dallas.



Certificate Programs

Expand your knowledge and credentials at the HSC College of Pharmacy with a Certificate in Drug Discovery and Development, which can be completed 100% online in 2-4 semesters (12 credit hours). Apply by Nov. 20, 2020. Learn more here. #chooseHSCPharmacy

Interested in a career in drug development research? If you enjoy math, statistics and computer modeling, check out the Certificate in Pharmacometrics at the HSC College of Pharmacy. Learn more here. #chooseHSCPharmacy





YouTube



Check out what students have to say about the HSC College of Pharmacy!

It is located in the heart of the cultural district at the UNT Health Science Center at Fort Worth.

https://www.youtube.com/watch? v=jl3ujxlc7qo&feature=youtu.be

Looking for Graphics?

Click here to find graphics and more!

Questions? Contact the Admissions Office at pharmd@unthsc.edu or 817-369-5752

