

**Allison N. Cross, M.S.**  
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### **Education**

**2022 – 2027 University of North Texas Health Science Center**

Fort Worth, Texas

Doctor of Philosophy in Public Health Sciences

Concentration: Health Behavior Research

**2020 – 2022 University of Alabama**

Tuscaloosa, Alabama

Masters of Science in Human Development and Family Studies

Accelerated Masters Program

**2017 – 2021 University of Alabama**

Tuscaloosa, Alabama

Bachelors of Science in Addiction and Recovery

Magna Cum Laude

### **Publications**

Berryhill, M. B., Horton, A. G., Masters, S., Mack, D., **Cross, A.N.**, Parker, J. G., Barth, J., McDonald, K. L. (2023) Caregiver Perceived Stress as an Indirect Effect between COVID-19 Experiences and Early Adolescent Mental Health Symptomology. *Journal of Early Adolescence*, Advance Online Publication.

Litt, D. M., Zhou, Z., Fairlie, A. M., King, K. M., **Cross, A.**, Kannard, E., Geusens, F., & Lewis, M. A. (2023). Daily-level examination indicates that positive affect, but not negative affect, is associated with alcohol and marijuana use among adolescents and young adults. *Psychology of Addictive Behaviors*, Advance Online Publication.

### **Non-Peer Review Publications**

Mumba, M. N., Brantley, S., & **Cross, A.** (In Press). Social and Structural Determinants of Recovery: The Impact of Race. *Journal of Nursing Scholarship*.

### **Manuscripts Under Review**

**Cross, A.N.**, Witte, T. (2022). The Association Between Addiction Knowledge and Addiction Stigma in a College Setting. Manuscript submitted for review.

**Cross, A.N.**, Zhou, Z., Fairlie, A.M., Litt, D.M., Graupensperger, S., Lee, C., Kannard, E., & Lewis, M.A. (2023). Daily-Level Associations between Situational Familiarity with Location and People and Use of Alcohol-related Protective Behavioral Strategy Among Adolescents and Young Adults. Manuscript submitted for review.

Litt, D. M., Zhou, Z., Fairlie, A. M., Graupensperger, S., **Cross, A.**, Kannard, E., Lee, C. M., & Lewis, M. A. (2023). A Daily-Level Examination of Willingness to Pregame, Blackout,

and Hook up Across Drinking Days: Associations with Respective Behavioral Outcomes Among Adolescents and Young adults. Manuscript submitted for review

### **Manuscripts in Preparation**

- Cross, A.N., Witte, T., Mumba, M., Casper, D., Dunn, F. (2023).** Addiction Knowledge on Personal beliefs and Perceived Norms of Substance Use Disorders in a College Sample. Manuscript in preparation.
- Cross, A.N., Witte, T., Oldenburg, B., (2023).** The Association Between Addiction Knowledge and the Perception of Risky Drinking in a College Sample. Manuscript in preparation.
- Strowger, M., **Cross, A.N.,** Braitman, A.L., Lewis, M.A., Litt, D.M. (2023). Sharing Alcohol-related Content on Social Media Mediates Associations Between Social Media Prototypes and Adolescent and Young Adult Alcohol Use and Consequences. Manuscript in preparation.
- Litt, D. M., Zhou, Z., **Cross, A.N.,** Kannard, E., & Lewis, M. A. (2023). Feasibility and Acceptability of a Text-Message Intervention for Abstaining and Lighter Drinking and Marijuana Using First Year College Students. Manuscript in preparation.

### **Conference Posters and Presentations**

- Cross, A.N., & Witte, T. (2019).** *The Tapering Off Process of Pain Medication.* Poster presented at the Undergraduate Research and Creativity Conference, University of Alabama, Tuscaloosa, AL (Canceled due to COVID-19).
- Lamont, C., **Cross, A.N.,** Witte, T., (2022). *The Differences in Stigmatizing Beliefs Surrounding Substance Use Disorders Among College Undergraduates in Varying Academic Programs.* Poster Presented at the Undergraduate Research and Creativity Conference, University of Alabama, Tuscaloosa, AL.
- Cross, A.N., (2022).** *Disparities in Substance Use and Treatment for Sexual Minorities.* Poster Presented at the Maternal and Child Health and Health Disparities Poster Symposium, University of North Texas Health Science Center, Fort Worth, TX.
- Cross, A.N.,** Zhou, Z., Fairlie, A.M., Litt, D.M., Graupensperger, S., Lewis, M.A. (2023). *Daily-Level Examination of Familiarity with Location/People in association with Protective Behavioral Strategy Use Among Adolescents and Young Adults.* Poster Presented at 46th Annual Research Society on Alcohol Scientific Meeting.
- Litt, D.M., Zhou, Z., Fairlie, A.M., Graupensperger, S., **Cross, A.N.,** Lee, C.M., Lewis, M.A. (2023). *A Daily-Level Examination of Willingness to Engage in Alcohol-Related Risk Behaviors and Associations with Specific Outcomes Among Adolescents and Young Adults.* Poster Presented at 46th Annual Research Society on Alcohol Scientific Meeting.
- Strowger, M., **Cross, A.N.,** Braitman, A.L., Lewis, M.A., Litt, D.M. (2023). *Sharing Alcohol-related Content on Social Media Mediates Associations Between Social Media Prototypes and Adolescent and Young Adult Alcohol Use and Consequences.* Poster Presented at 46th Annual Research Society on Alcohol Scientific Meeting.
- Witte, T.H., Downs, K., Casper, D., Laird, R., **Cross, A.,** (2023), *Feasibility and Accessibility of Peer Group Intervention to Enhance Future-Oriented.* Poster Presented at the International Association for Relationship Research Mini-Conference, Tuscaloosa,

AL.

Litt, D.M., Zhou, Z., Fairlie, A.M., King, K., **Cross, A.**, Kannard, E., Lewis, M.A., (2023). *Daily-Level Associations Between Affect and Substance use Among Adolescents and Young Adults*. Poster Presented at the annual Collaborative Perspectives on Addiction Meeting.

**Cross, A.**, Zhou, Z., Fairlie, A.M., Litt, D.M., Graupensperger, S., Lewis, M.A. (2023). *Examining Familiarity with Location and People in Association with Protective Behavioral Strategy Use Among Adolescents and Young Adults at the Daily-Level*. Poster Presented at 30th Annual Research Appreciation Day, Fort Worth, TX.

### **Trainings and Seminars**

2022 NASPA/360 Proof. *Paving the Way for College Student Drinking Prevention: Where We've Been, Where We Are, and Where We Are Going*

2023 American Psychology Association Division 50. *ECP Seminar: How to Position Yourself on Social Media*

2023 University of Louisville. *Multiple Regression and Multilevel Modeling in R Workshop*.

2023 Rutgers University. *NIH Fellowship Writing Group*.

### **Leadership**

2023 – 2024 University of North Texas School of Public Health PhD and MS Student Government Representative

2023 University of North Texas School of Public Health Three Minute Thesis Representative

2023 – Current APA Division 50 Student Committee

### **Honors and Awards**

2017 – 2019 Dean's List, University of Alabama

2020 – 2022 President's List, University of Alabama

2021 – 2022 Outstanding Master's Student in Human Development Award  
University of Alabama, Tuscaloosa, AL

2022 Best Overall Research Poster, Maternal and Child Health and Health Disparities Poster Symposium, University of North Texas Health Science Center, Fort Worth, TX

2023 First Place Poster Presentation, Research Appreciation Day, University of North Texas Health Science Center, Fort Worth, TX

2023 Public Health Student Government Association Conference Funding Award, University of North Texas Health Science Center, Fort Worth, TX

### **Editorial/Reviewer Responsibilities**

2022 – 2023 Ad Hoc Reviewer  
*Psychology of Addictive Behaviors*  
*Addictive Behaviors*

## **Mentoring**

**2021 – 2022 University of Alabama, Tuscaloosa, Alabama**

<b>Dates</b>	<b>Name</b>	<b>Program</b>	<b>Outcomes</b>
2021 – 2023	Faith Dunn	University of Alabama	1 Manuscript under review, 1 poster presentation, accepted to graduate school
2021 – 2022	Carsen Lamont	University of Alabama	1 poster presentation, applied to graduate school

## **Research Experience**

**2022 – Present**

### **Graduate Research Assistant**

STudying Alcohol and Related Risks (STARR) Lab  
The University of North Texas Health Science Center  
Supervisors: Dr. Dana Litt & Dr. Melissa Lewis

*A Longitudinal, Measurement Burst Study to Examine the Ecological Validity of the Prototype Willingness Model of Hazardous Adolescent and Young Adult Alcohol Use (Project PATH):*

NIH-Funded: R01AA025611

Principle Investigator: Dr. Melissa A. Lewis

*Development and Pilot of a Parent Based Intervention for Reducing High-risk Social Networking Site Cognitions, Alcohol Use, and Negative Consequences Among Adolescents (Project PRISM):*

NIH-Funded: R34AA026332

Principal Investigator: Dr. Dana M. Litt

*Refining and Piloting a Text Messaging Intervention to Delay Alcohol Initiation and Reduce Alcohol Use Escalation Among Abstainer and Lighter Drinker College Students (Freshman Experience Project):*

NIH-Funded: R34AA026004

Principal Investigator: Dr. Dana M. Litt

*Examining Motivations for and Quality of Alcohol and Marijuana Protective Behavior Strategy (Project EQUIP)*

NIH-Funded: R34AA028730

Principal Investigator: Dr. Melissa A. Lewis

**2019 – 2022**

### **Graduate Research Assistant**

Prevention of Violence and Substance Use Research Lab  
University of Alabama,  
Supervisor: Dr. Tricia Witte

**August 2021 – May 2022**

**Graduate Research Assistant**

Marriage and Family Therapy

University of Alabama

Supervisor: Dr. Blake Berryhill

**Professional Memberships**

**2021 – 2022** APA Division 3: Society for Experimental Psychology and Cognitive Science

**2021 – 2022** APA Division 43: Society for Couple and Family Psychology

**2021 – 2022** APA Division 56: Trauma Psychology

**2021 – 2022** APA Division 6: Society for Behavioral Neuroscience and Comparative Psychology

**2021 – Current** APA Division 50: Society of Addiction Psychology

**2023 – Current** Addiction Interest Group, University of North Texas Health Science Center

**Volunteer Service**

**May 2021 – August 2021**

**Clinical Director Intern**

Augustine Recovery Center, St. Augustine FL

Supervisor: Emily Foster, Clinical Director

**January 2021 – August 2021**

**Research Intern**

Addiction Prevention Coalition, Birmingham AL

Supervisor: Raven Johnson, Project Director