

Solving the Puzzle of Asthma Disparities

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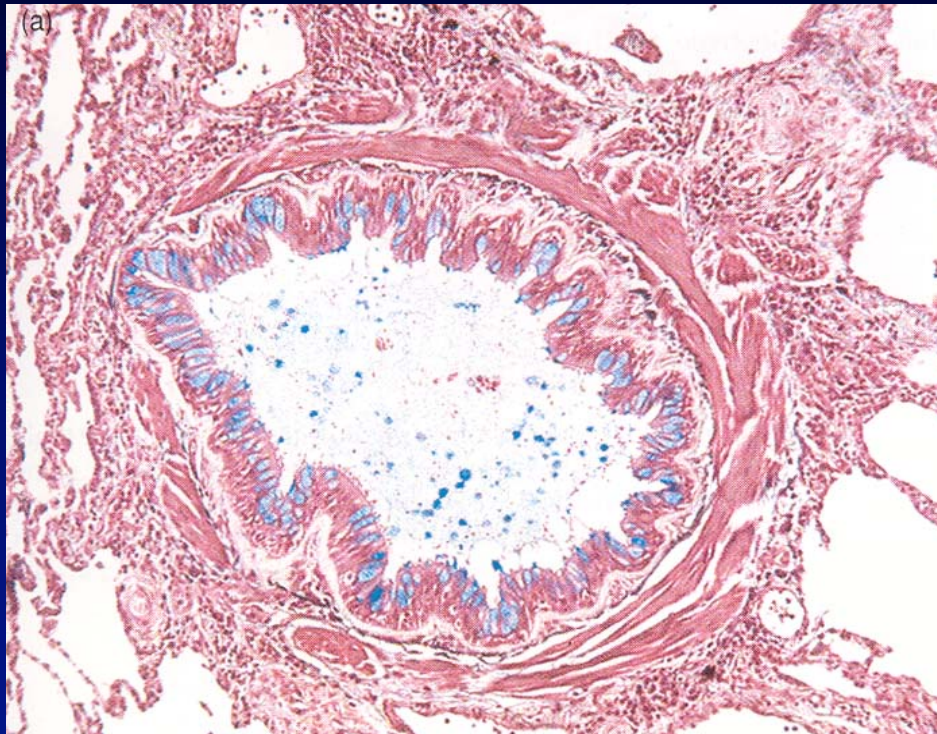
University of Pittsburgh

Disclosure of Conflicts of Interest

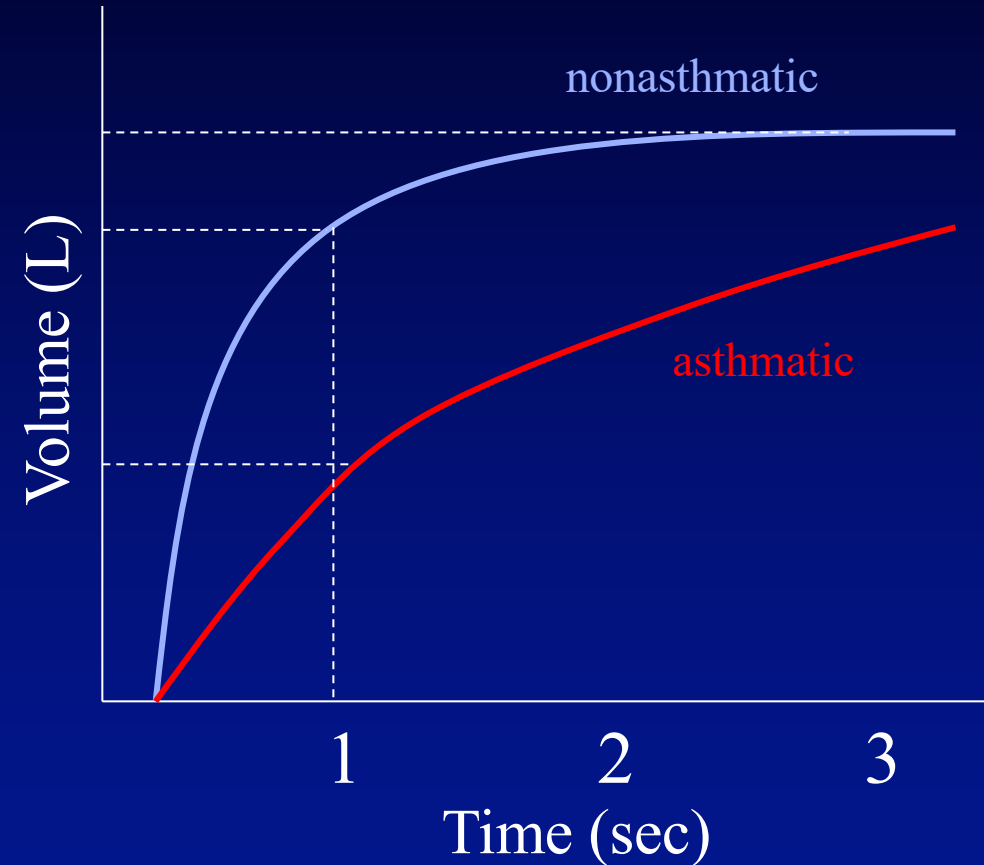
- I have received research materials from Merck, GSK, and Pharmavite (no salary support) to provide medications free of cost to participants in NIH-funded studies.
- I do not intend to discuss unapproved/investigational use of commercial product(s)/device(s) in my presentation

Asthma

- Most common chronic respiratory disease of childhood
- Cost : ~\$80 billion per year in USA

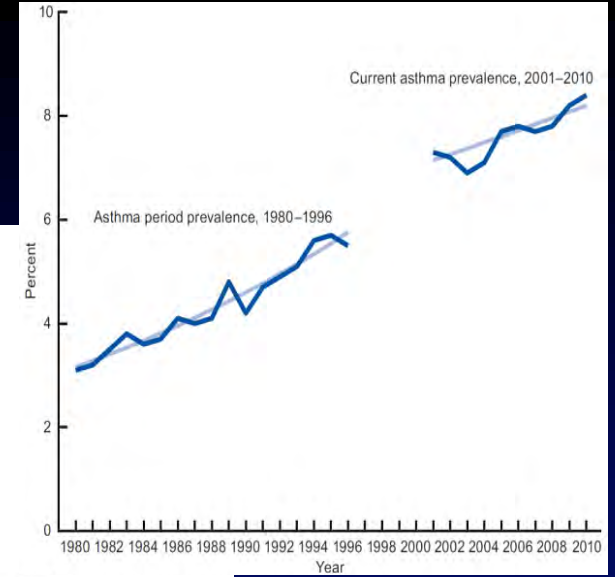
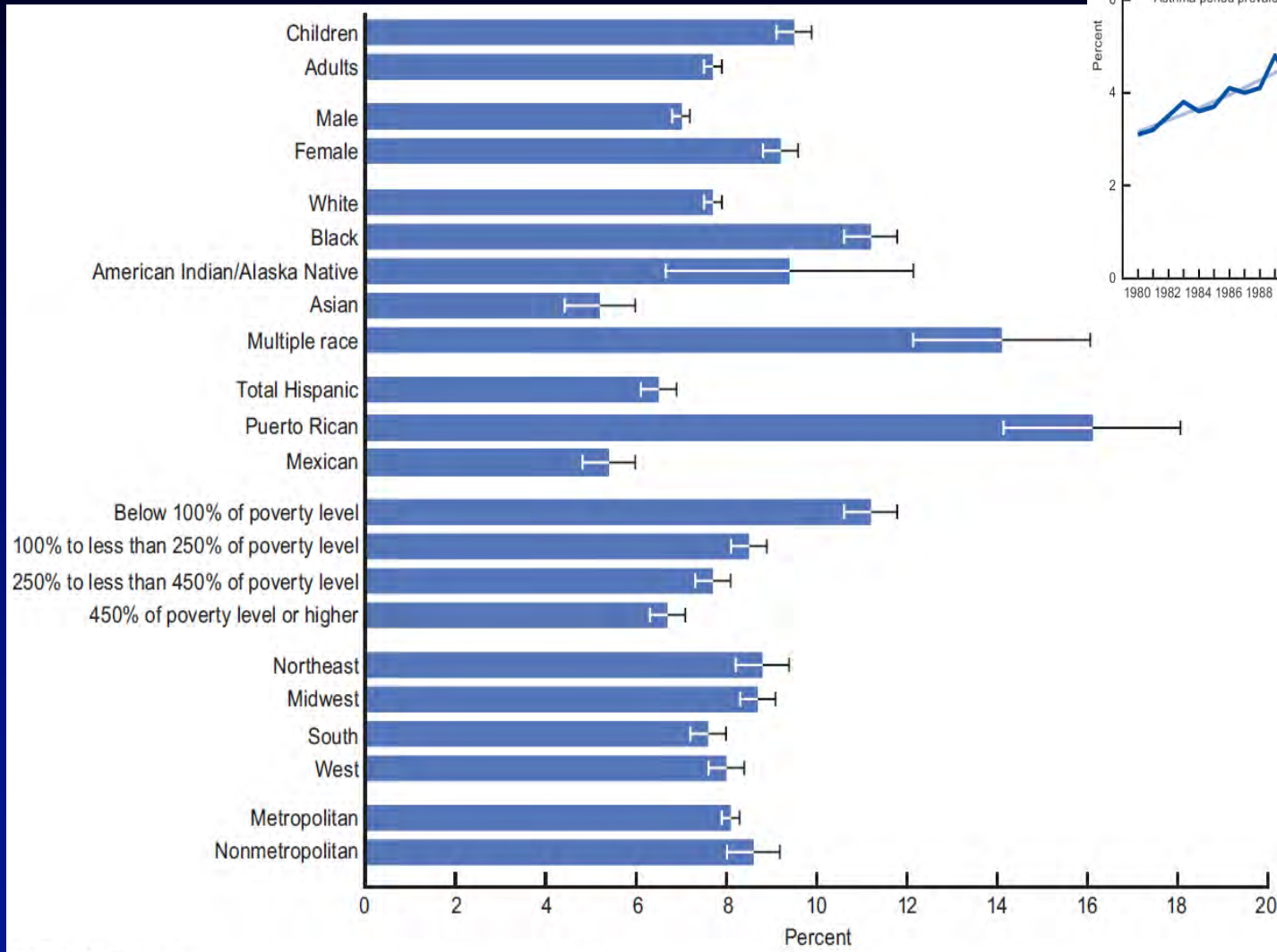


- Airway Inflammation
- Airway Remodeling
- Airway Hypersensitivity
- Reversible Airflow Obstruction



$FEV_1 =$ Forced Expiratory Volume at 1 Second

National Surveillance of Asthma: United States, 2001-2010



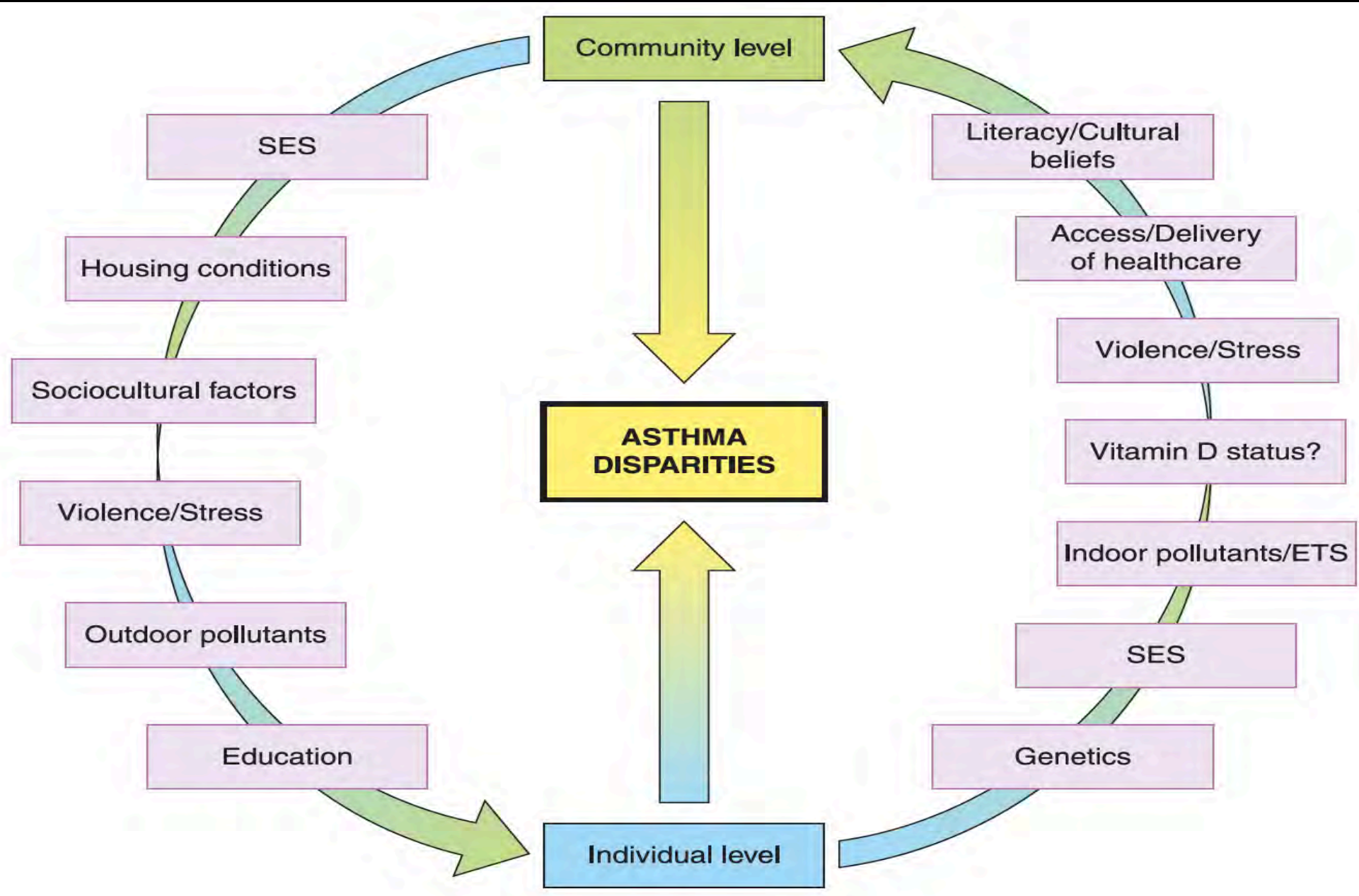
I 95% confidence interval.
 NOTES: Crude (unadjusted) percentages are presented. See Table 2 for underlying data. The categories "Puerto Rican" and "Mexican" are subcategories of "Hispanic."
 SOURCES: CDC/NCHS, National Health Interview Survey and Health Data Interactive (13).





The “Hispanic Paradox”

- Puerto Ricans have the highest prevalence, morbidity and mortality from asthma of all ethnic groups in the United States
 - Mexican Americans have the lowest burden of asthma of all ethnic groups in the United States
- Hunninghake G et al. Am J Respir Crit Care Med 2006; 173:143-163.
 - Forno E, Celedón JC. Curr Opin Allergy Clin Immunol. 2009 ;9:154-160.
 - Forno E, Celedón JC. Am J Respir Crit Care Med 2012; 185:1033-1035.
 - Rosser F, Forno E, Celedón JC. Am J Respir Crit Care Med 2014; 189:1316-1327.
 - Szentpetery S,..., Celedón JC. J Allergy Clin Immunol 2016;138:1556-1558.



Forno E, Celedón JC. Am J Respir Crit Care Med 2012; 185:1033-5.

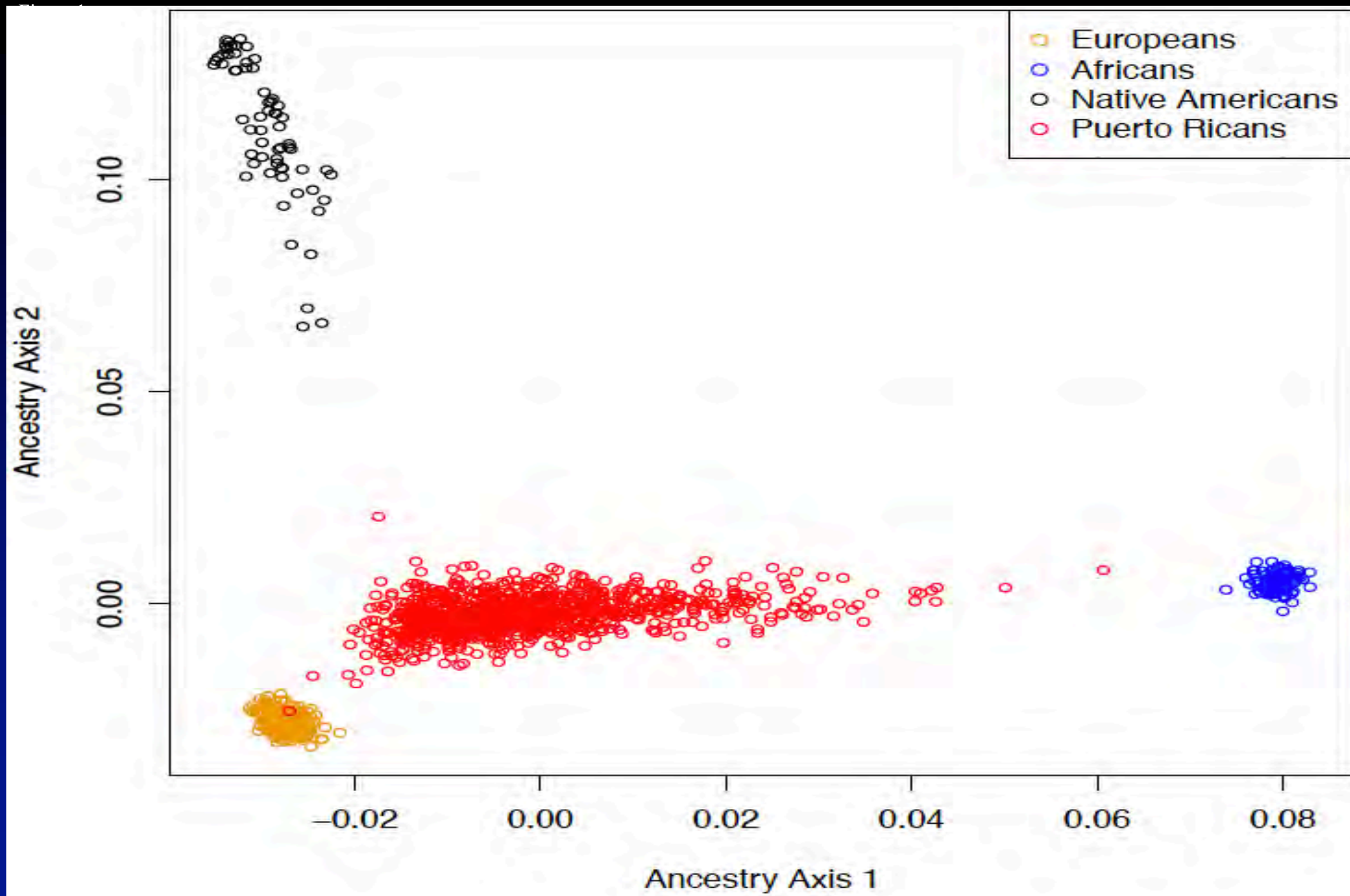
1.

Racial Ancestry

African ancestry and lung function in Puerto Rican children

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Roxanne Kelly, MBA,^h Kathryn Paul, BS,^h Jody Sylvia, MS,^h Deanna Calvert, BS,ⁱ Sherell Thornton-Thompson, CCRP,ⁱ
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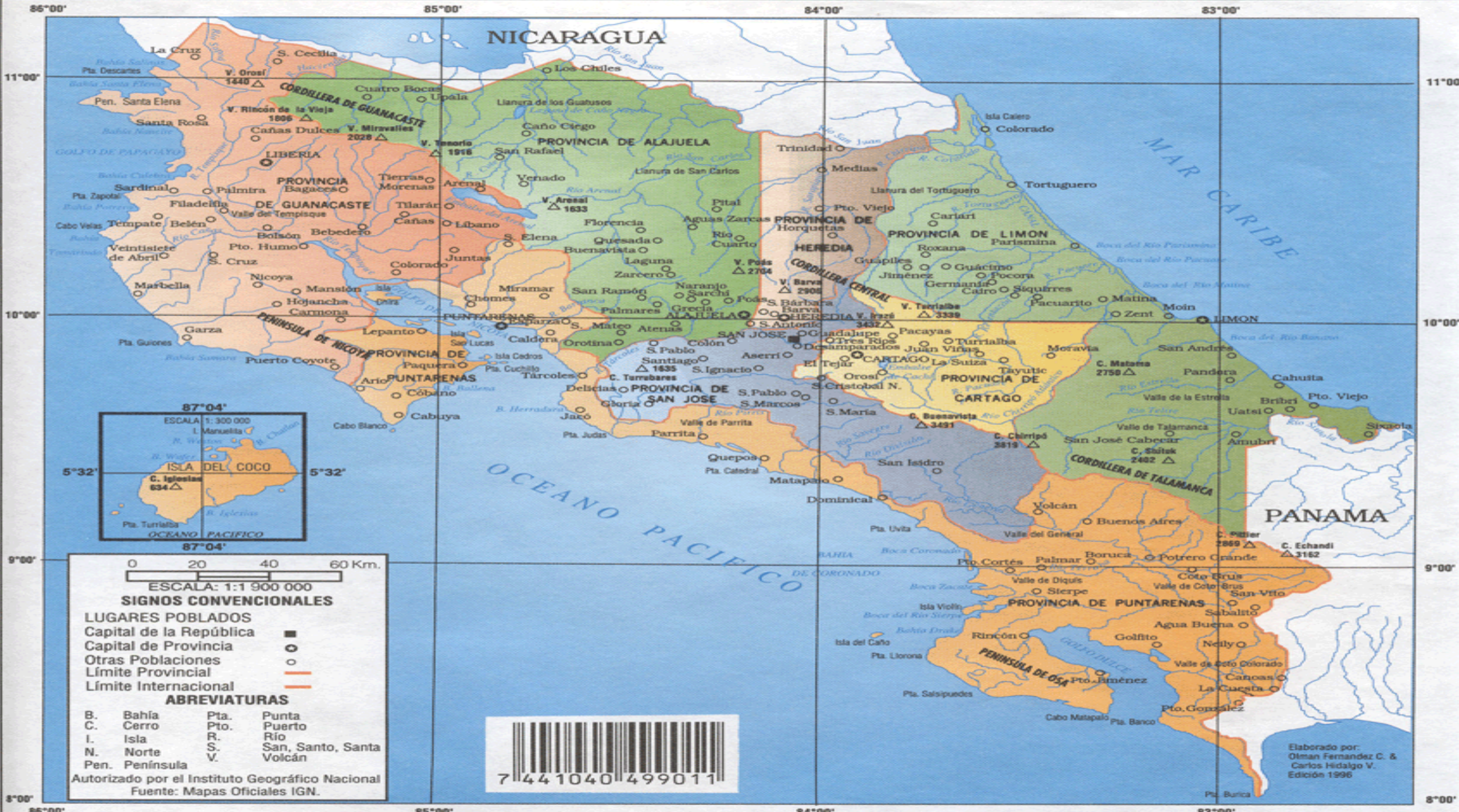
J ALLERGY CLIN IMMUNOL
VOLUME 129, NUMBER 6



African Ancestry and Lung Function in Children with Asthma (Combined Cohort)

Outcomes	Beta coefficient (95% CI) , P value
	Adjusted*
Pre-BD FEV1 (ml)	-105 (-159 to -51), <0.001
Pre-BD FVC (ml)	-133 (-197 to -69), <0.001
Post-BD FEV1 (ml)	-152 (-210 to -94), <0.001
Post-BD FVC (ml)	-145 (-211 to -79), <0.001

*For age, gender, income, ICS use, study site, height, height squared and body mass index. **Per each 20% increment in African ancestry



0 20 40 60 Km.

ESCALA: 1:1 900 000

SIGNOS CONVENCIONALES

LUGARES POBLADOS

- Capital de la República
- Capital de Provincia
- Otras Poblaciones
- Límite Provincial
- Límite Internacional

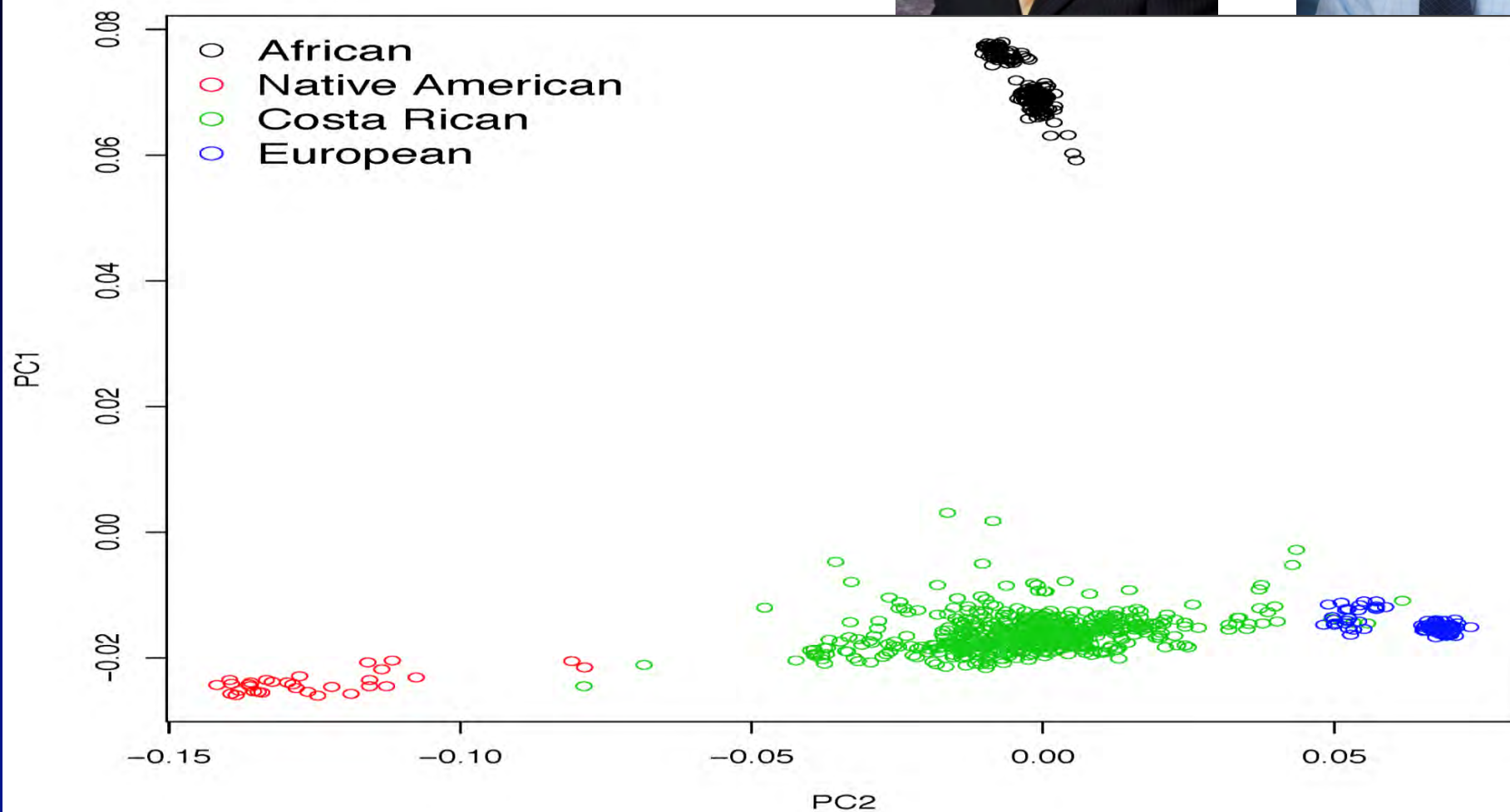
ABREVIATURAS

B. Bahía	Pta. Punta
C. Cerro	Pto. Puerto
I. Isla	R. Río
N. Norte	S. San, Santo, Santa
Pen. Península	V. Volcán

Autorizado por el Instituto Geográfico Nacional
Fuente: Mapas Oficiales IGN.



Elaborado por:
Ólman Fernández C. &
Carlos Hidalgo V.
Edición 1996



Chen W, Brehm J et al. Chest 2014; 145(4):704-10.

Native American Ancestry, Lung Function and COPD in Costa Ricans (n=506)

Outcomes	Beta coefficient (95% CI) , P value	
	Adjusted*	
Pre-BD FEV1 (ml)	109 (33.6 to 184),	0.005
Pre-BD FVC (ml)	112 (22.2 to 202),	0.02
Pre-BD FEV1/FVC (%)	0.87 (-0.03 to 1.8),	0.06

*For age, gender, height, education, current smoking, pack-years of smoking and case-control status. **Per each 10% increment in Native American ancestry

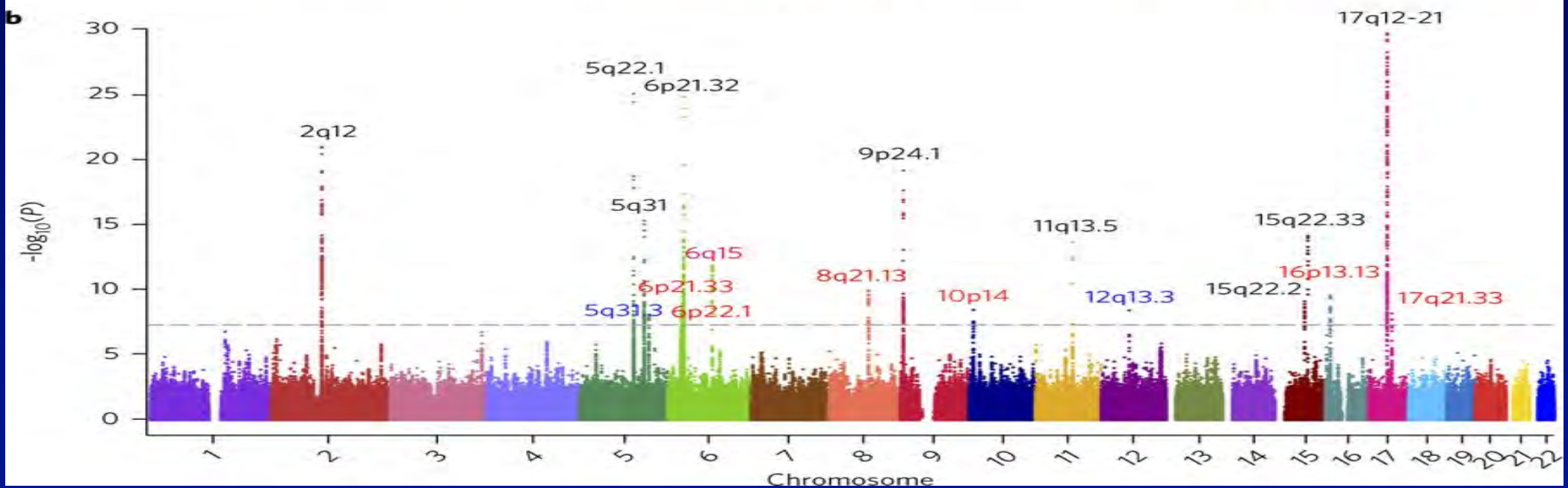
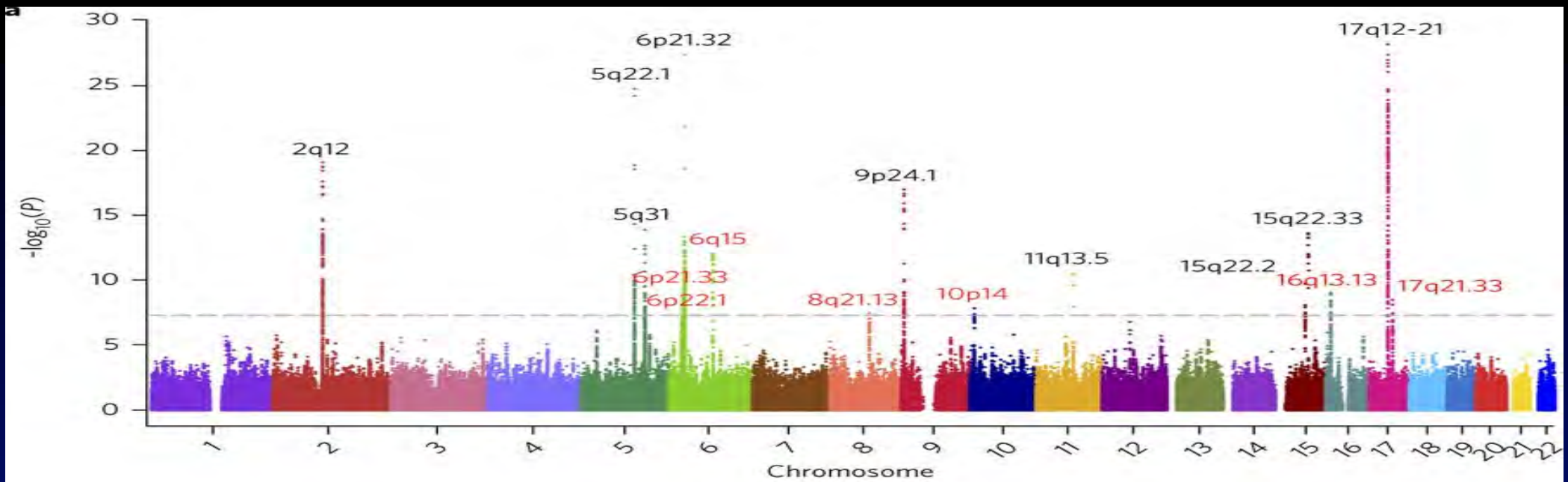
Racial ancestry and asthma in Hispanics (GALA and CHS)

Ancestry	Group	Mean ancestry cases	Mean ancestry controls	OR (95% CI) _*	P value
Native American	Meta-analysis _‡	—	—	0.72 (0.66-0.78)	1.5 × 10⁻¹⁵
African	Meta-analysis _‡	—	—	1.40 (1.14-1.72)	.001
European	Meta-analysis _{**}	—	—	1.13 (0.89-1.45)	NS

Racial Ancestry and the Hispanic Paradox

- Our findings (in PR children, CR adults, and NM adults), together with those in African American adults and Hispanics in GALA/CHS, strongly suggest that discrepancies in the burden of obstructive airway diseases (asthma and COPD) between Puerto Ricans and Mexican Americans are at least partly due to differences in underlying racial ancestry
- Although ancestry is a marker of genetic variation, it is also correlated with EL factors

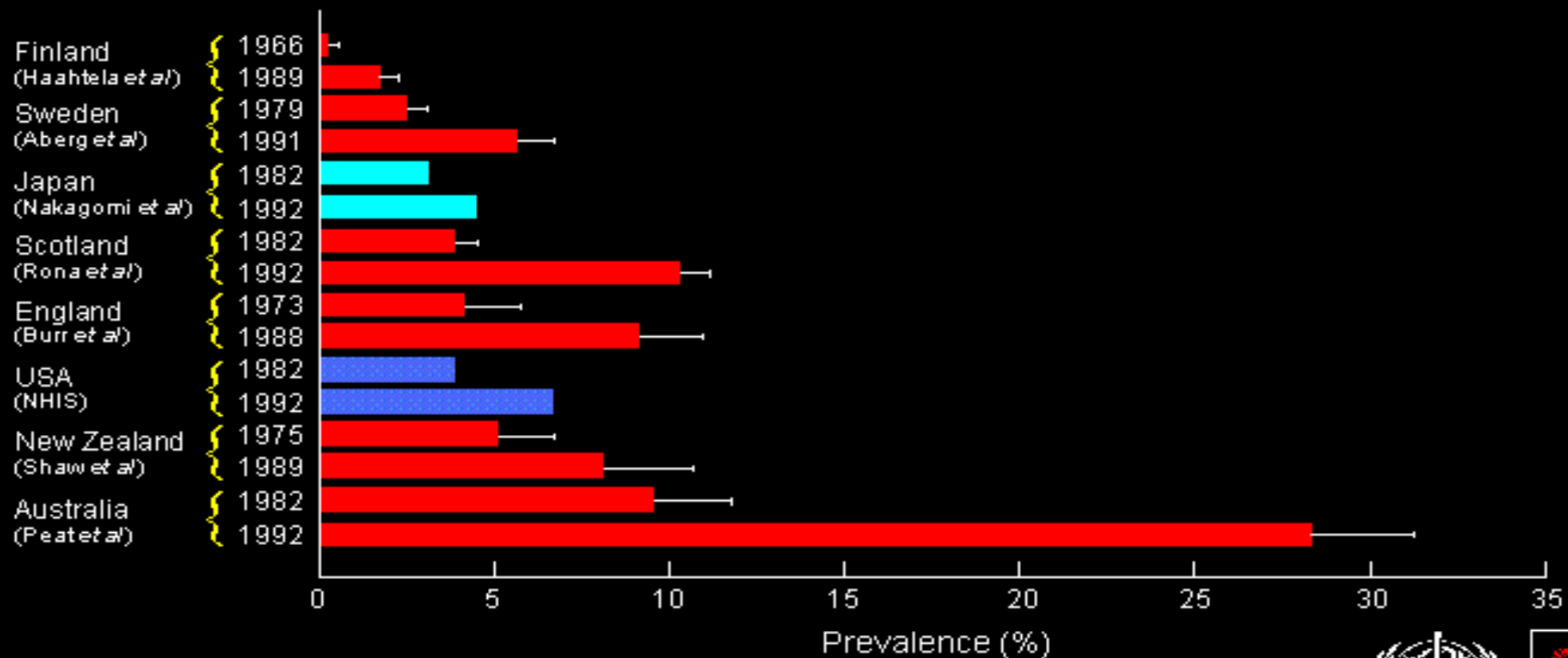
2. Epigenetics



Demerais F et al. Nat Genet 2018 Jan;50(1):42-53.



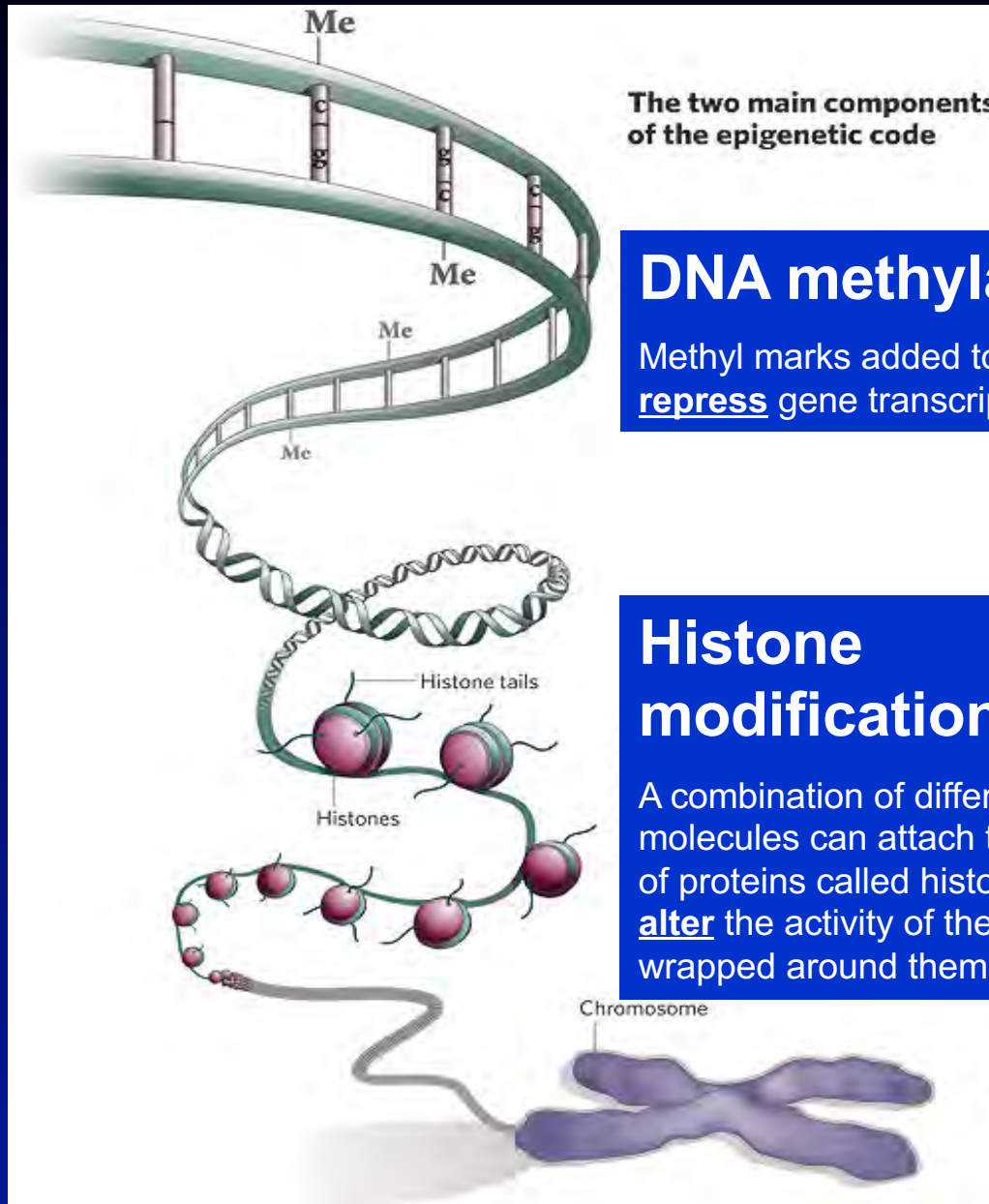
Increased Prevalence of Asthma in Children/Adolescents



Epigenetics

- Programming of gene expression that does not depend on the DNA code
- Characteristics of epigenetic programming
 - Modifiable (can be reprogrammed)
 - Active or poised to be activated:
 - *Tissue or cell-specific*

Epigenetic Marks



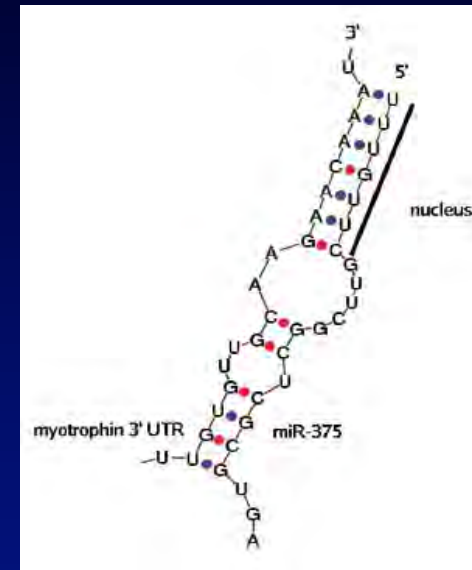
The two main components of the epigenetic code

DNA methylation

Methyl marks added to certain DNA bases repress gene transcription

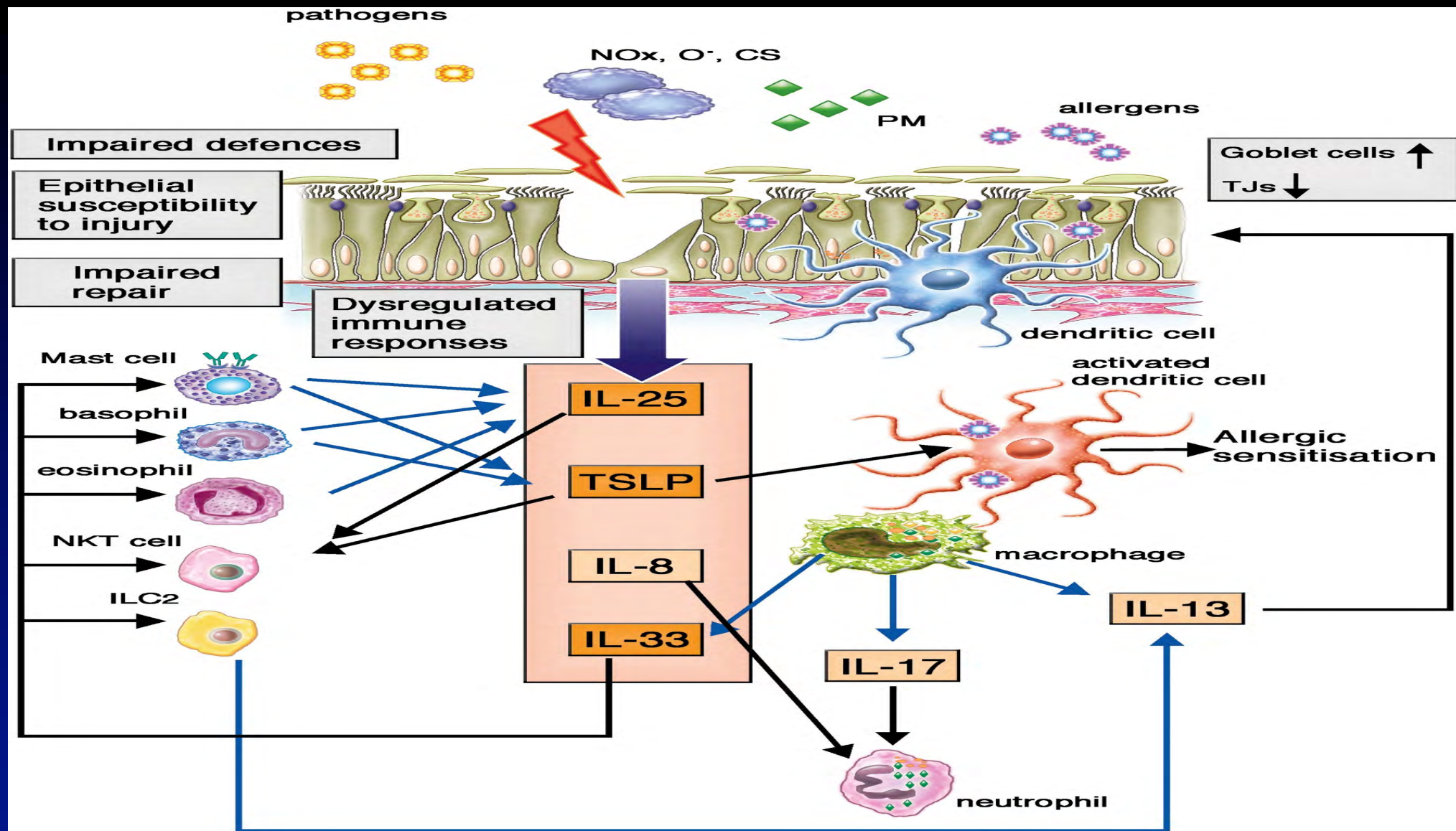
Histone modifications

A combination of different molecules can attach to the 'tails' of proteins called histones. These alter the activity of the DNA wrapped around them



MicroRNAs

Small non-coding RNAs that block translation of messenger RNAs into proteins

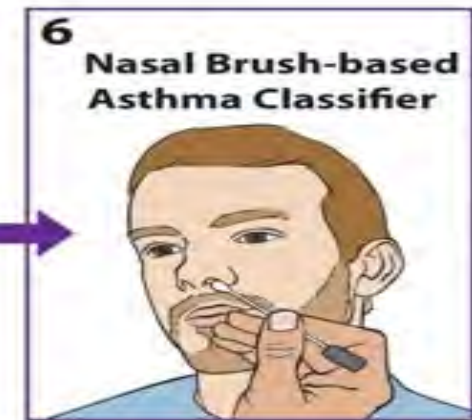
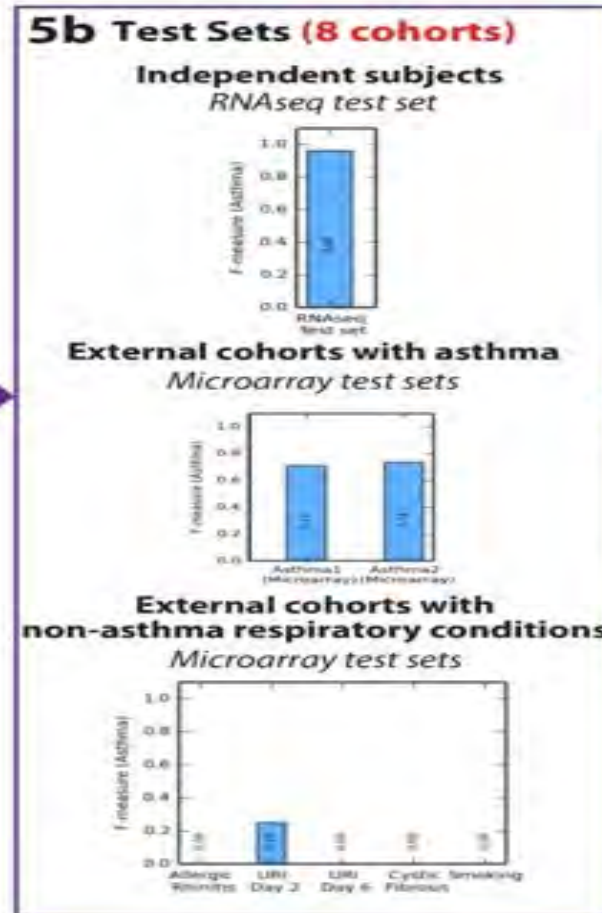
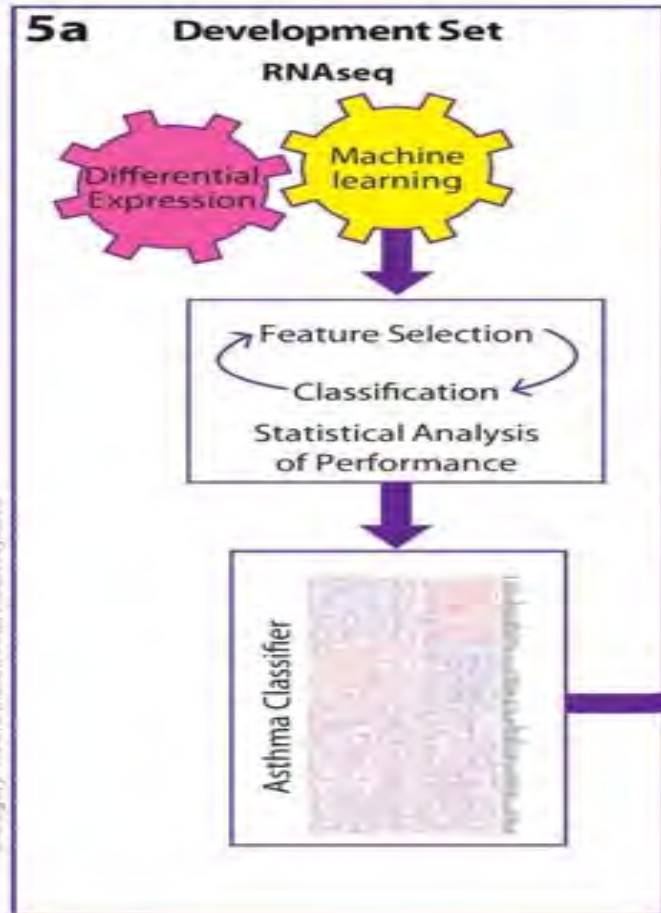
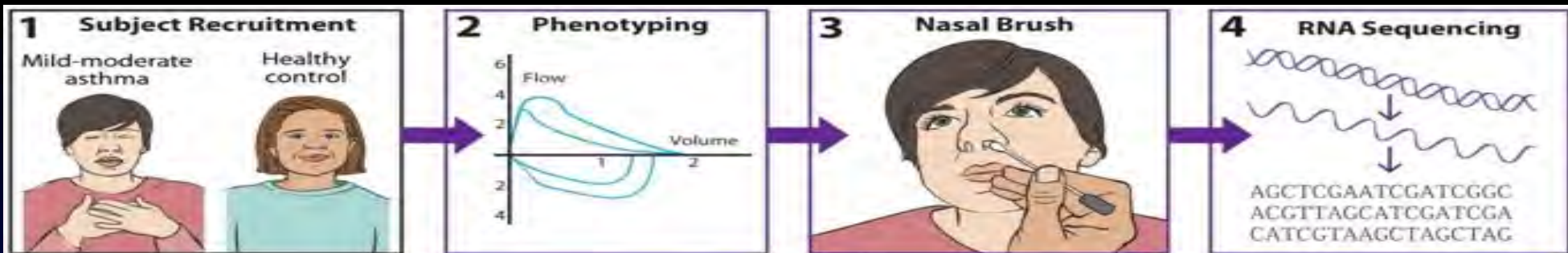


Journal of Allergy and Clinical Immunology 2017; 139, 1736-1751 DOI: (10.1016/j.jaci.2017.04.005).

“Asthma genes” and the airway epithelium

- In mice, *ORMDL3* overexpression decreases serum sphingolipid levels and increases inflammation, airway remodeling, and BHR. Pulmonary epithelial expression of *ORMDL3* is sufficient for induction of *Alternaria* species—induced allergic airways disease
- *IL33*, *IL1RL1*, and *TSLP* have been linked to epithelial activation/damage and type 2 immunity
- *CDHR3* and *PCDH1* appear to play roles in adhesion

Journal of Allergy and Clinical Immunology 2017; 139, 1736-1751.



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THE LANCET

Respiratory Medicine

DNA methylation in nasal epithelium, atopy, and atopic asthma in children: a genome-wide study

[Erick Forno, MD](#) * • [Ting Wang, PhD](#) * • [Cancan Qi, MSc](#) * • [Qi Yan, PhD](#) • [Cheng-Jian Xu, PhD](#) • [Nadia Boutaoui, PhD](#) •
[Yueh-Ying Han, PhD](#) • [Prof Daniel E Weeks, PhD](#) • [Yale Jiang](#) • [Franziska Rosser, MD](#) • [Judith M Vonk, PhD](#) •
[Sharon Brouwer, BSc](#) • [Edna Acosta-Perez, PhD](#) • [Angel Colón-Semidey, MD](#) • [María Alvarez, MD](#) •
[Prof Glorisa Canino, PhD](#) • [Prof Gerard H Koppelman, MD](#) † • [Wei Chen, PhD](#) † • [Prof Juan C Celedón, MD](#)  † 

Epigenome-wide association study of atopic asthma in Puerto Rican children (n=273)

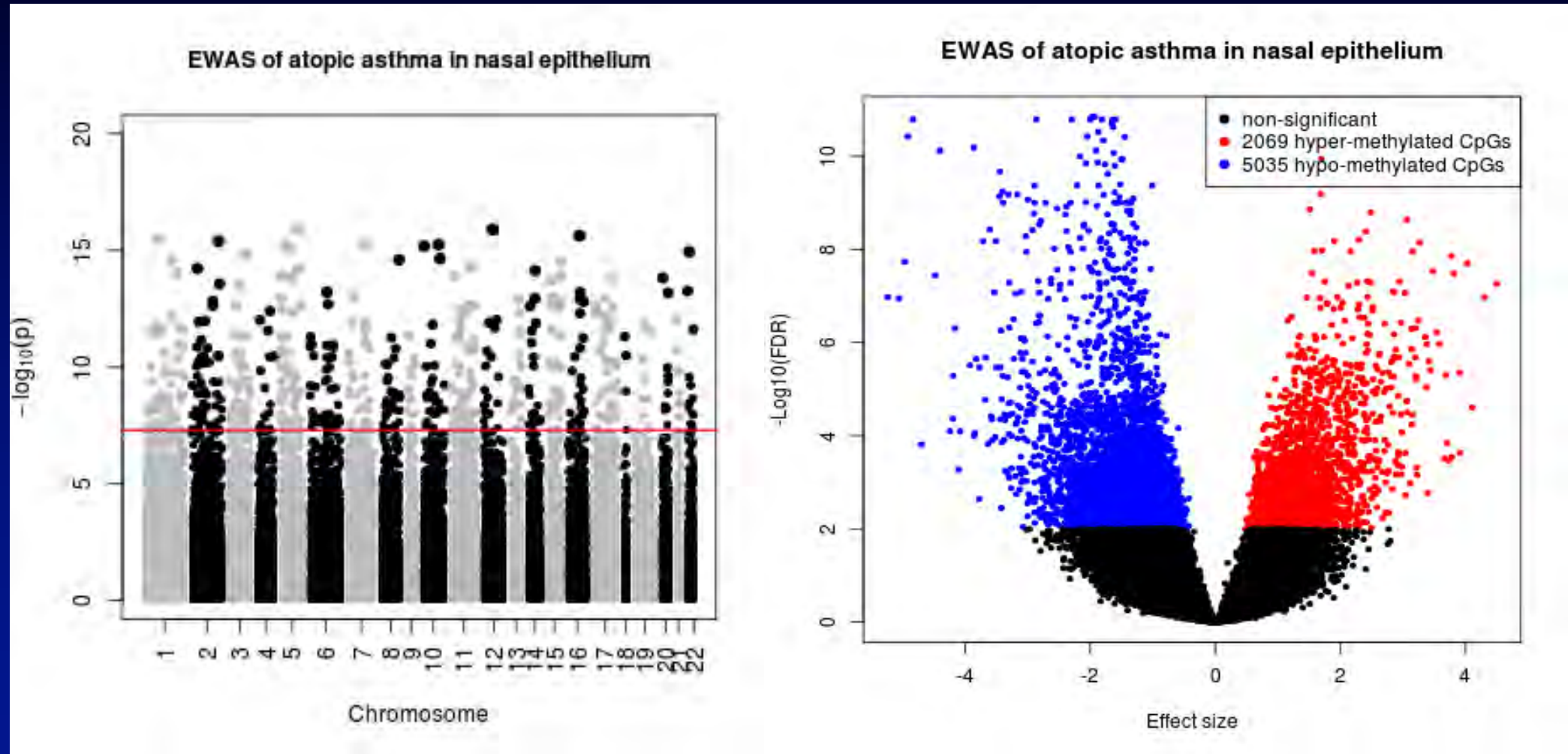
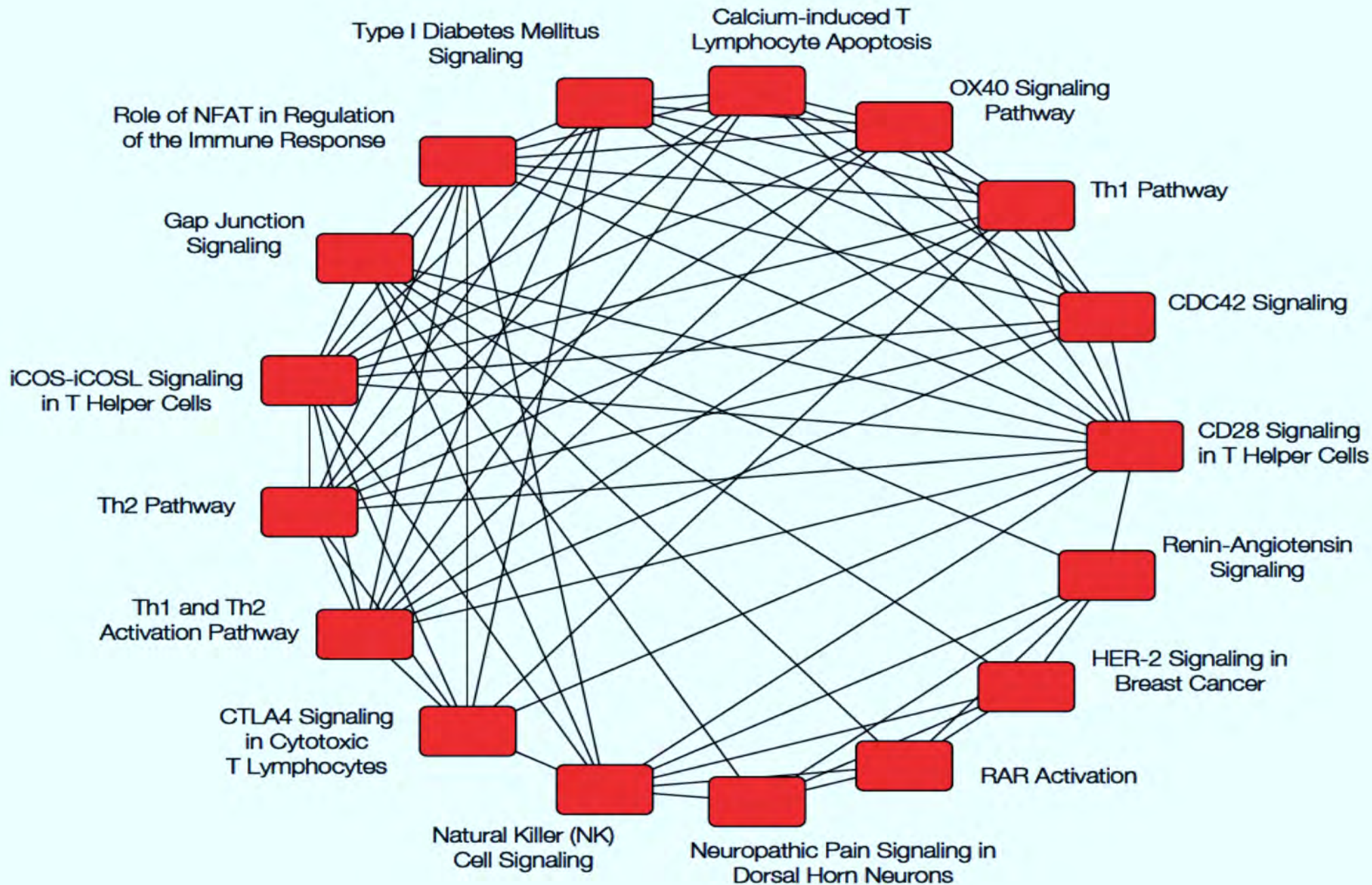


Table 1 –Characteristics of study participants in the discovery and replication cohorts

	Puerto Rico (discovery cohort)				Yang et al.		PIAMA	
	Atopy	No atopy	Atopic asthma	Non-atopic controls	Atopic asthma	Non-atopic controls	Atopy	No atopy
N (%)	312 (64.6%)	171 (35.4%)	169 (61.9%)	104 (38.1%)	36 (50%)	36 (50%)	207 (47.9%)	225 (52.1%)
Age (years)	15 (3)	15 (3)	15 (3)	16 (3)	11.1 (0.8)	10.9 (0.9)	16.4 (0.2)	16.3 (0.2)
Female sex, n (%)	140 (44.9%)	93 (54.4%)	66 (39.1%)*	61 (58.7%)	17 (47.2%)	19 (52.8%)	92 (44.4%)	127 (56.4%)
Race/ethnicity								
• Hispanic/Latino		100%			13.9% ^a		0%	
• African American		0			91.7%		0%	
• Non-Hispanic White		0			6.9%		97.1%	
• Other/missing		0			4.2%		2.9%	
Asthma, n (%)	169 (54.2%)*	67 (39.2%)	169 (100%)*	0 (0%)	36 (100%)*	0 (0%)	27 (13.0%)*	6 (2.7%)
Total IgE (IU/mL)	409 [207-816]*	43 [22-93]	386 [214-806]*	42 [21-78]	366 [185-785]	29 [16.5-49.5]	140 [55-140]	20 [10-55]
Number of positive allergen-specific IgEs+	2 [1-3]*	0	2 [1-3]*	0	n/a	0	2 [1-3]*	0

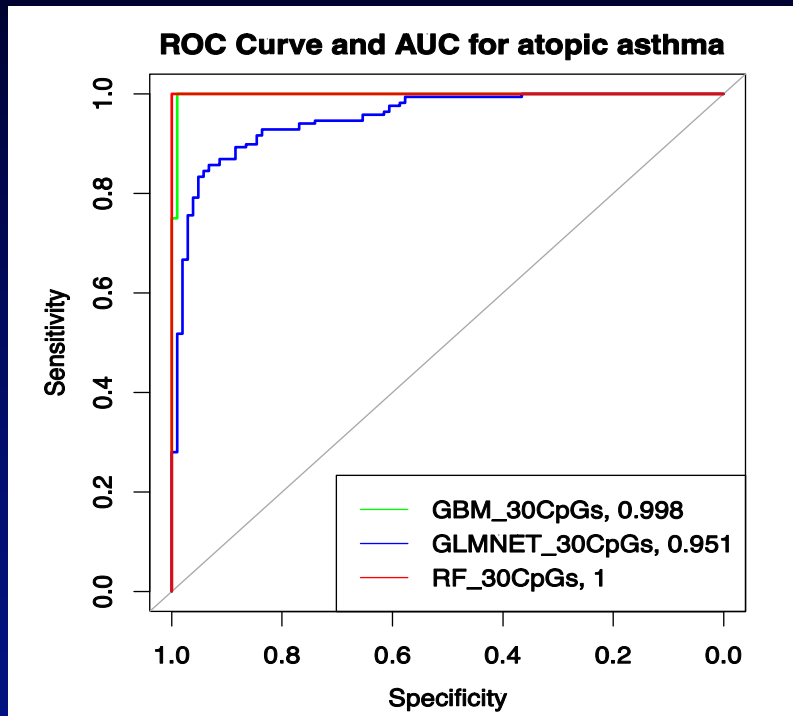
The Puerto Rico cohort (EVA-PR) is a case-control study of asthma. Yang et al. is a case-control study of atopic asthma. PIAMA is a birth cohort, unselected for either atopy or asthma. Numbers represent number of participants (%) for categorical variables and mean (SD) or median [interquartile range] for continuous variables. *P<0.05 for atopy vs. no atopy, or asthma vs. no asthma within each cohort. n/a: not available in public dataset. ^aDoes not add up to 100% because participants could report more than one race/ethnicity.

Methylation Δ (%)^a	P-value	FDR P-value	Methylation Δ (%)^a	P-value	Methylation Δ (%)^a	P-value	Combined P-value^b
-23.8%	9.59×10^{-28}	2.18×10^{-22}	-22.4%	1.15×10^{-12}	-7.4%	6.01×10^{-18}	1.05×10^{-47}
-16.0%	9.56×10^{-26}	8.53×10^{-21}	-15.4%	3.61×10^{-10}	-4.4%	2.72×10^{-14}	4.20×10^{-40}
-10.3%	1.62×10^{-25}	8.53×10^{-21}	-8.0%	1.21×10^{-07}	-3.8%	1.21×10^{-13}	5.39×10^{-37}
-15.8%	1.63×10^{-25}	8.53×10^{-21}	-12.7%	2.97×10^{-07}	-8.1%	2.16×10^{-09}	1.85×10^{-32}
-19.2%	2.33×10^{-25}	8.53×10^{-21}	-23.3%	3.77×10^{-10}	-6.9%	9.23×10^{-12}	1.32×10^{-37}
-18.3%	2.74×10^{-25}	8.53×10^{-21}	-20.4%	1.40×10^{-09}	-5.2%	4.52×10^{-07}	1.82×10^{-32}
-23.1%	2.78×10^{-25}	8.53×10^{-21}	-23.6%	2.68×10^{-13}	-7.6%	2.23×10^{-14}	2.95×10^{-43}
-27.1%	3.00×10^{-25}	8.53×10^{-21}	-20.8%	1.41×10^{-08}	-11.7%	2.37×10^{-11}	1.15×10^{-35}
-18.8%	3.41×10^{-25}	8.63×10^{-21}	-16.0%	4.80×10^{-11}	-5.3%	4.62×10^{-17}	1.13×10^{-43}
-24.1%	5.41×10^{-24}	1.23×10^{-19}	-25.9%	8.61×10^{-11}	-5.8%	4.44×10^{-07}	1.59×10^{-32}
-22.6%	1.06×10^{-23}	2.20×10^{-19}	-21.2%	4.65×10^{-08}	-5.9%	1.04×10^{-10}	3.74×10^{-33}
-15.4%	3.12×10^{-23}	5.93×10^{-19}	-9.0%	3.08×10^{-06}	-6.0%	2.87×10^{-09}	1.49×10^{-29}
-19.0%	3.84×10^{-23}	6.73×10^{-19}	-14.4%	4.29×10^{-05}	-7.2%	3.51×10^{-04}	1.88×10^{-23}
-12.3%	4.75×10^{-23}	7.72×10^{-19}	-7.1%	5.65×10^{-04}	-4.6%	1.14×10^{-09}	1.25×10^{-27}
-15.0%	1.58×10^{-22}	2.40×10^{-18}	-6.5%	1.48×10^{-04}	-2.4%	2.25×10^{-04}	1.38×10^{-22}
-15.9%	1.81×10^{-22}	2.58×10^{-18}	-16.3%	1.91×10^{-10}	-4.2%	1.74×10^{-09}	3.03×10^{-33}
-11.3%	2.40×10^{-22}	3.21×10^{-18}	-7.6%	2.52×10^{-04}	-2.6%	2.91×10^{-07}	4.92×10^{-25}
-16.9%	2.91×10^{-22}	3.68×10^{-18}	-15.2%	2.76×10^{-07}	-4.2%	3.20×10^{-11}	1.05×10^{-31}
-8.0%	3.19×10^{-22}	3.83×10^{-18}	-12.0%	4.30×10^{-08}	-1.6%	0.036	1.12×10^{-23}
-13.8%	3.65×10^{-22}	4.16×10^{-18}	-9.1%	6.30×10^{-07}	-5.6%	9.20×10^{-07}	5.77×10^{-27}

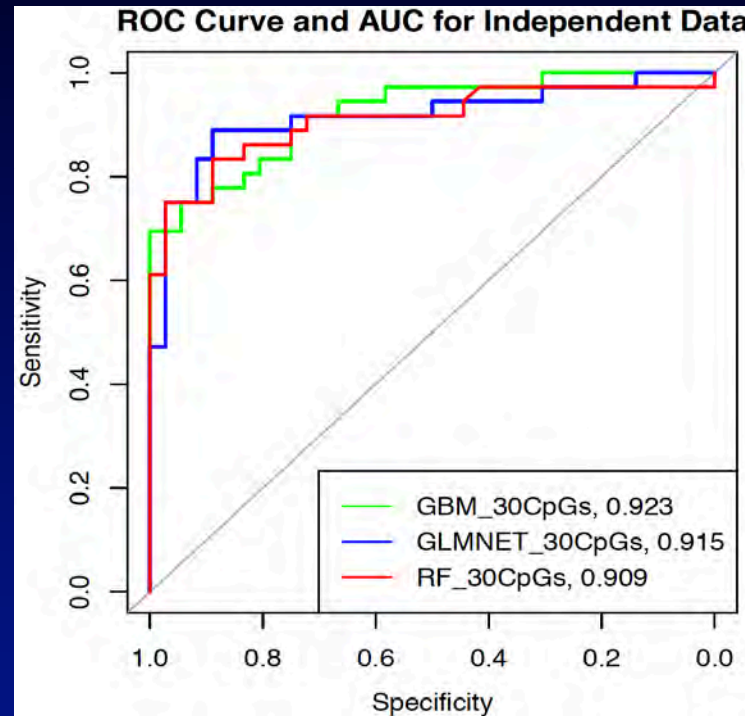


Yang et al.

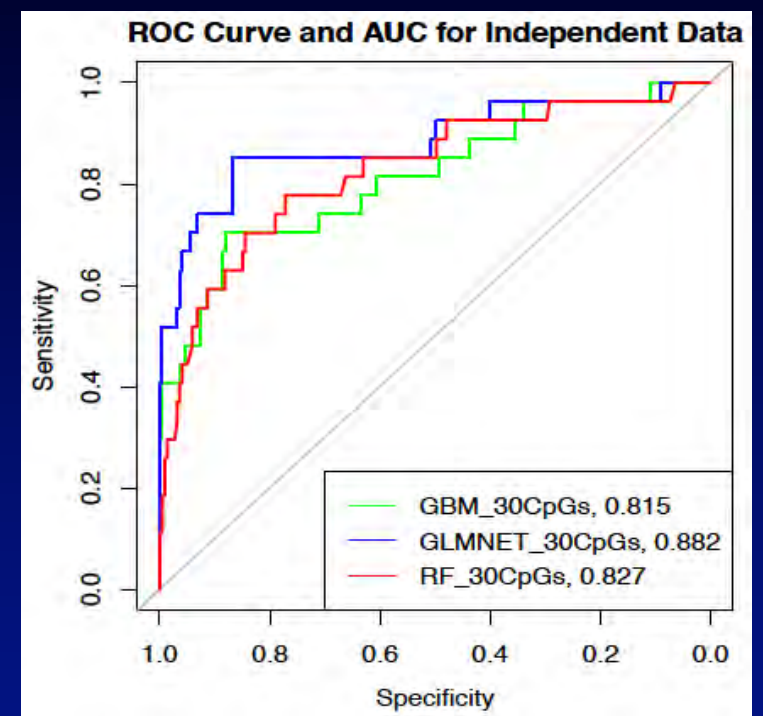
PIAMA



Accuracy = 88%



Accuracy = 82%



Accuracy = 87%

The Nasal Methylome and Atopic Asthma

- 28 of the 30 top findings in Puerto Ricans were replicated in two cohorts of African American and Dutch children
- Most of the methylation signals affected gene expression (resulting in either down-regulation or up-regulation)
- The top CpG (methylation) sites were located in genes regulating airway epithelial barrier and function (i.e. *CDHR3* and *CDH26*) and immune responses
- The set of predictive markers of asthma in Puerto Ricans performed well in both African American children (Yang et al) and in Dutch children in the PIAMA Study

3. Psychosocial stress and exposure to violence



ADCYAP1R1 and Asthma in Puerto Rican Children

Wei Chen¹, Nadia Boutaoui¹, John M. Brehm¹, Yueh-Ying Han¹, Cassandra Schmitz¹, Alex Cressley¹, Edna Acosta-Pérez², María Alvarez², Angel Colón-Semidey², Andrea A. Baccarelli³, Daniel E. Weeks⁴, Jay K. Kolls⁵, Glorisa Canino², and Juan C. Celedón¹

¹Division of Pulmonary Medicine, Allergy and Immunology, and ⁵Richard K. Mellon Institute for Pediatric Research, Department of Pediatrics, Children's Hospital of Pittsburgh of the University of Pittsburgh Medical Center, Pittsburgh, Pennsylvania; ²Behavioral Sciences Research Institute, University of Puerto Rico, San Juan, Puerto Rico; ³Department of Environmental Health, Harvard School of Public Health, Boston, Massachusetts; and ⁴Department of Human Genetics, Graduate School of Public Health, University of Pittsburgh, Pittsburgh, Pennsylvania

AMERICAN JOURNAL OF RESPIRATORY AND CRITICAL CARE MEDICINE VOL 187 2013

Psychosocial Stress and Asthma in Puerto Rican Children

- Puerto Ricans are often exposed to high levels of stress and violence
 - Martinez-Taboas A et al. J Trauma Stress 2006; 19:439-48.
 - Vermeiren R et al. Pediatrics 2003; 111:535-40.
- Childhood abuse and parental psychosocial stress are associated with asthma morbidity in PR children
 - Cohen R et al. Am J Respir Crit Care Med 2008;178(5):453-9.
 - Lange N et al. J Allergy Clin Immunol 2011; 127(3):734-40.
- Unclear mechanisms

***ADCYAP1R1* and Asthma in Puerto Rican Children**

Wei Chen¹, Nadia Boutaoui¹, John M. Brehm¹, Yueh-Ying Han¹, Cassandra Schmitz¹, Alex Cressley¹, Edna Acosta-Pérez², María Alvarez², Angel Colón-Semidey², Andrea A. Baccarelli³, Daniel E. Weeks⁴, Jay K. Kolls⁵, Glorisa Canino², and Juan C. Celedón¹

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AMERICAN JOURNAL OF RESPIRATORY AND CRITICAL CARE MEDICINE VOL 187 2013

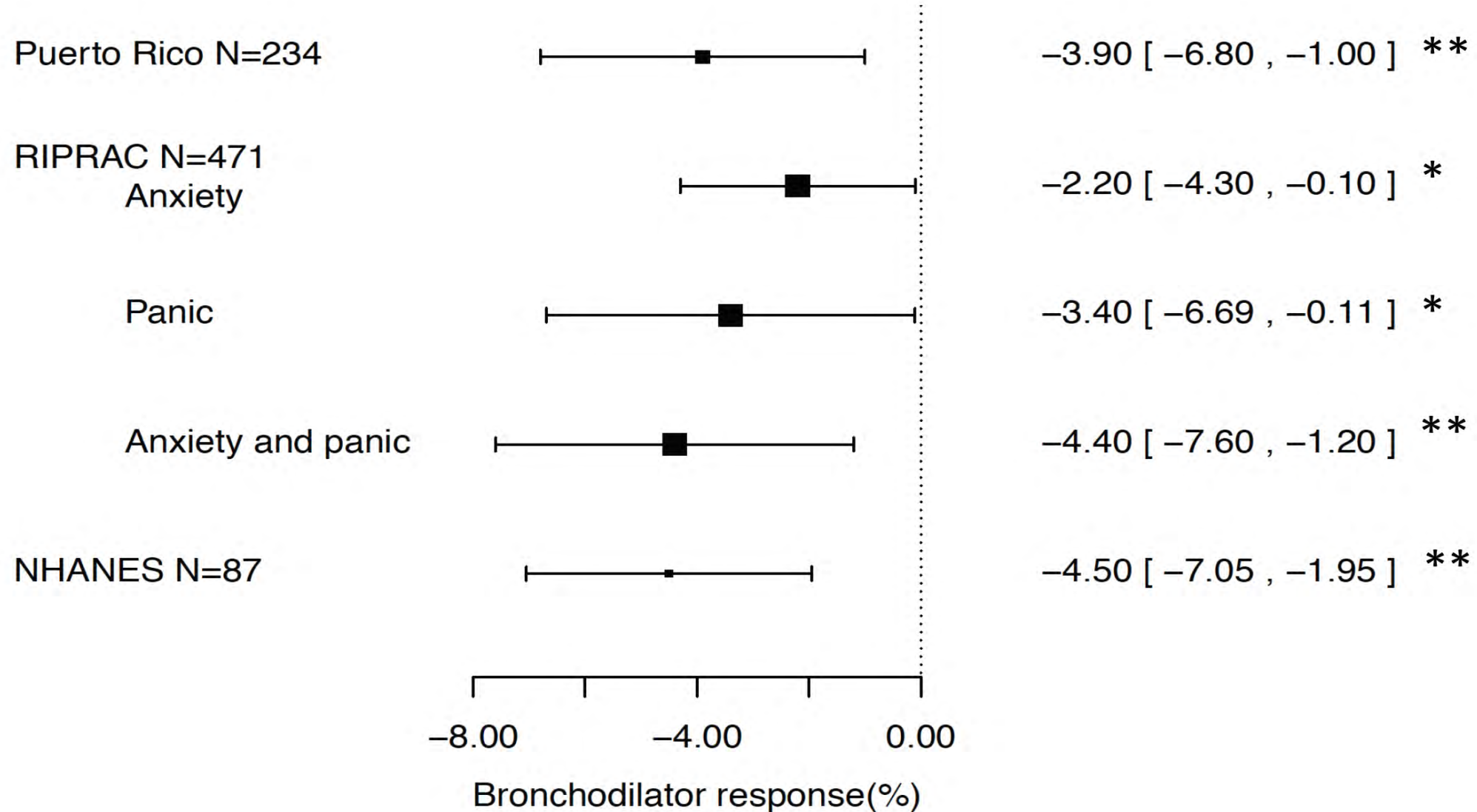
- Genetic and epigenetic variation in *ADCYAP1R1* is associated with childhood asthma in Puerto Ricans
- This is the first study to provide a potential genetic/epigenetic mechanism for an association between psychosocial stress and childhood asthma
- Longitudinal studies are needed in Puerto Ricans and other populations often exposed to stress and violence



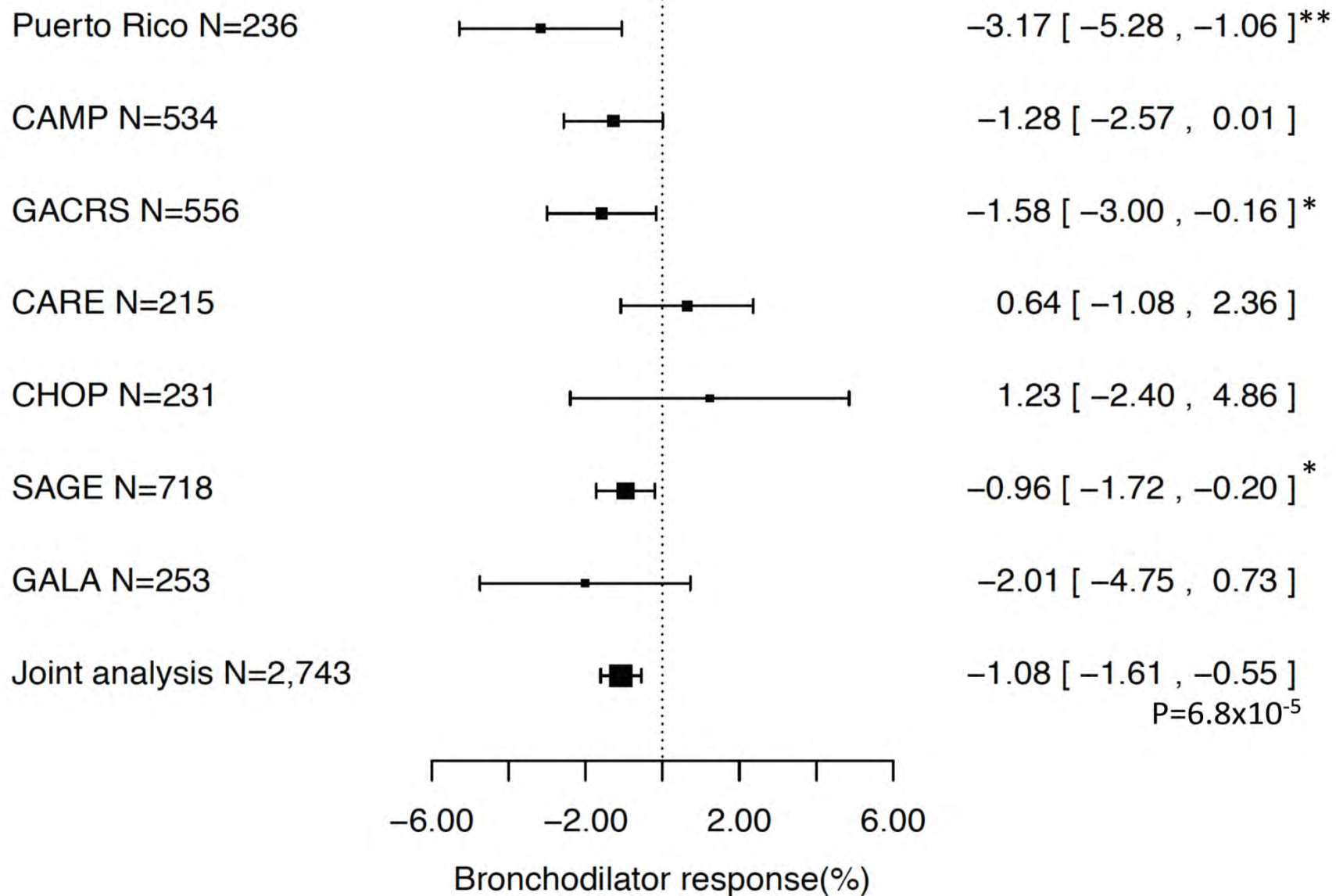
Stress and bronchodilator response

- Puerto Ricans have lower response to short-acting bronchodilators (BDR) than members of other ethnic groups
 - This has been partly attributed to ethnic-specific variation in the frequency of SNPs in *ADRB2*
- Chronic stress (alone or accompanied by acute stress) has been associated with reduced expression of *ADRB2* in leukocytes of subjects with asthma
 - Miller GE, Chen E. *Proc Natl Acad Sci U S A* 2006;103:5496-5501.
- We hypothesized that stress causes reduced BDR in Puerto Rican children

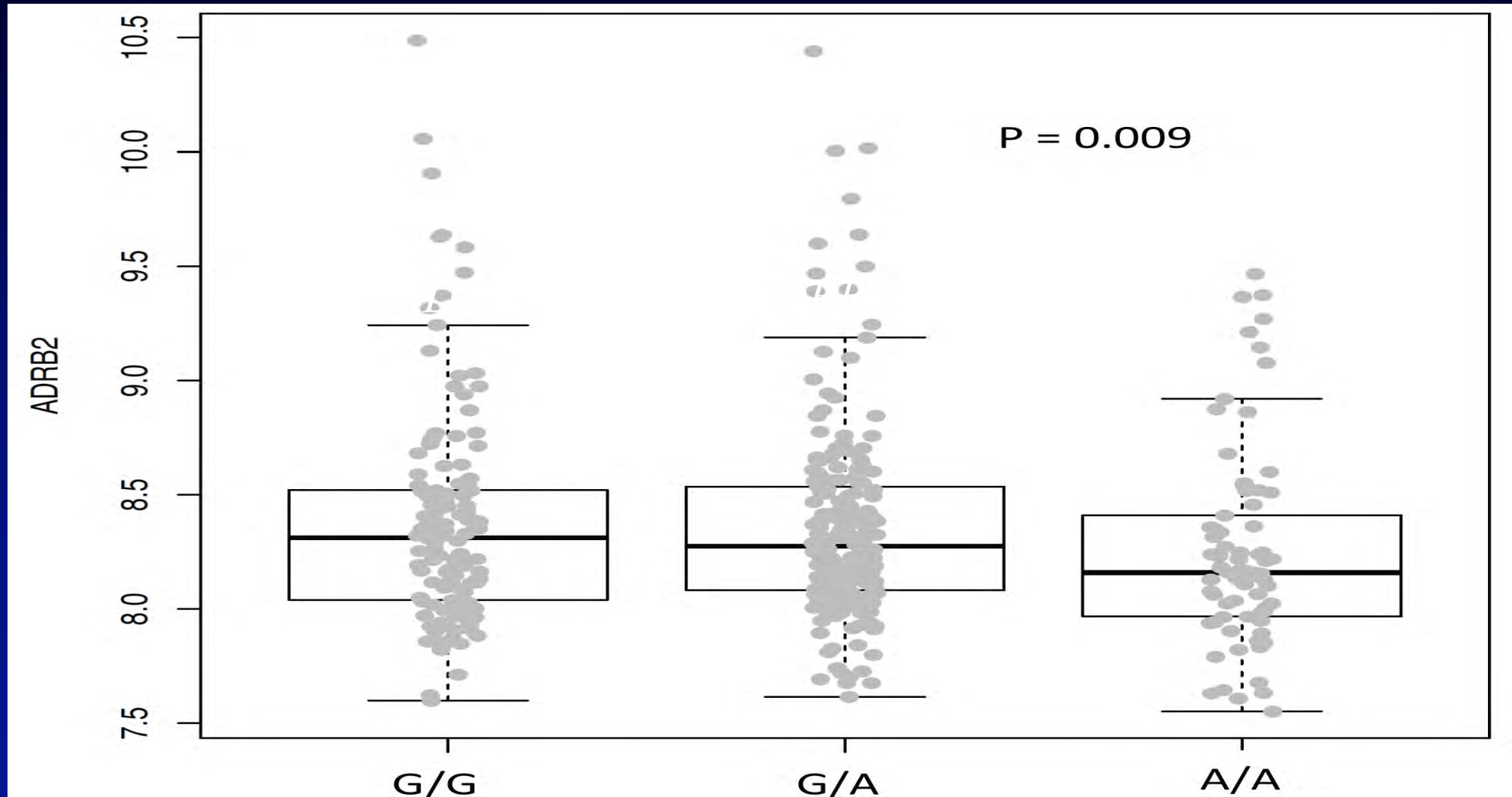
Stress and bronchodilator response



ADCYAP1R1 and BDR



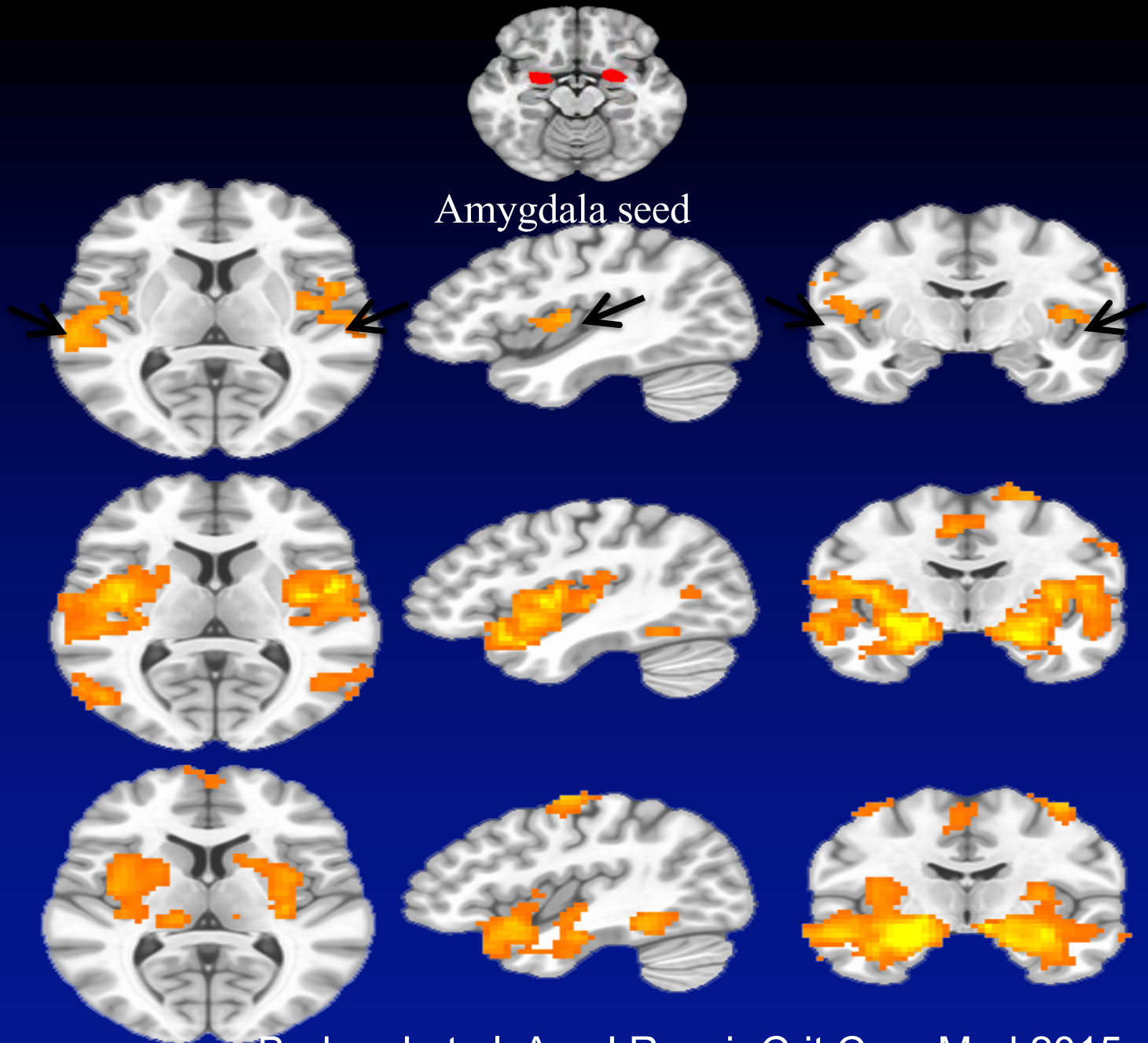
ADCYAP1R1 and *ADRB2* expression



AA > GA

AA carriers

G carriers



ADCYAP1R1 and BDR

- Both stress and an *ADCYAP1R1* SNP are associated with reduced BDR in children with or at risk for asthma
 - This SNP is also associated with reduced expression of *ADRB2* in CD4+ T lymphocytes of subjects with asthma
- Our findings are consistent with a negative effect of SNP rs34548976 on BDR through neuro-hormonal mechanisms (e.g persistently high catecholamine levels) leading to down-regulation of *ADRB2* in highly stressed children
- Our results provide potential mechanisms for stress-induced morbidity in other cardiopulmonary diseases

Brehm J et al. Am J Respir Crit Care Med 2015; 192(1):47-56.



PTSD and incident asthma in WTC rescue and recovery workers

- PTSD has been linked to asthma in cross-sectional studies
- We examined the relation between probable PTSD at baseline and incident (new onset) asthma at follow up (~4.5 years later) in a cohort of 3,757 WTC rescue/recovery workers who had never smoked and had never been diagnosed with asthma

PTSD Symptoms and Incident Asthma among WTC Rescue/Recovery Workers

Variable	Never smokers, never diagnosed with asthma (at baseline) (n=3,757)	
Odds Ratio, 95% confidence interval, P value		
Probable PTSD (PTSD CL ≥44 points)	Unadjusted	
No	1.0	1.0
Yes	2.64 (2.07 to 3.37), <0.001	2.41 (1.85. to 3.13), <0.001

Model adjusted for age, gender, race/ethnicity, WTC occupational exposure, educational level, body mass index, weight gain from baseline, and bronchodilator response at baseline

PTSD and incident asthma in WTC workers

- In a cohort of adult workers exposed to a severe traumatic event (9/11), probable PTSD is significantly associated with BDR at baseline, as well as with incident asthma
- Our findings support a growing body of evidence implicating psychosocial stress in the pathogenesis of asthma and morbidity from asthma

De la Hoz R, Jeon Y, Wisnivesky J, Celedón JC. Am J Respir Crit Care Med 2016 Dec 1;194(11):1383-1391.

Multivariable analysis of severity of victimization and current asthma, by gender, among 24,612 high school students in the U.S.

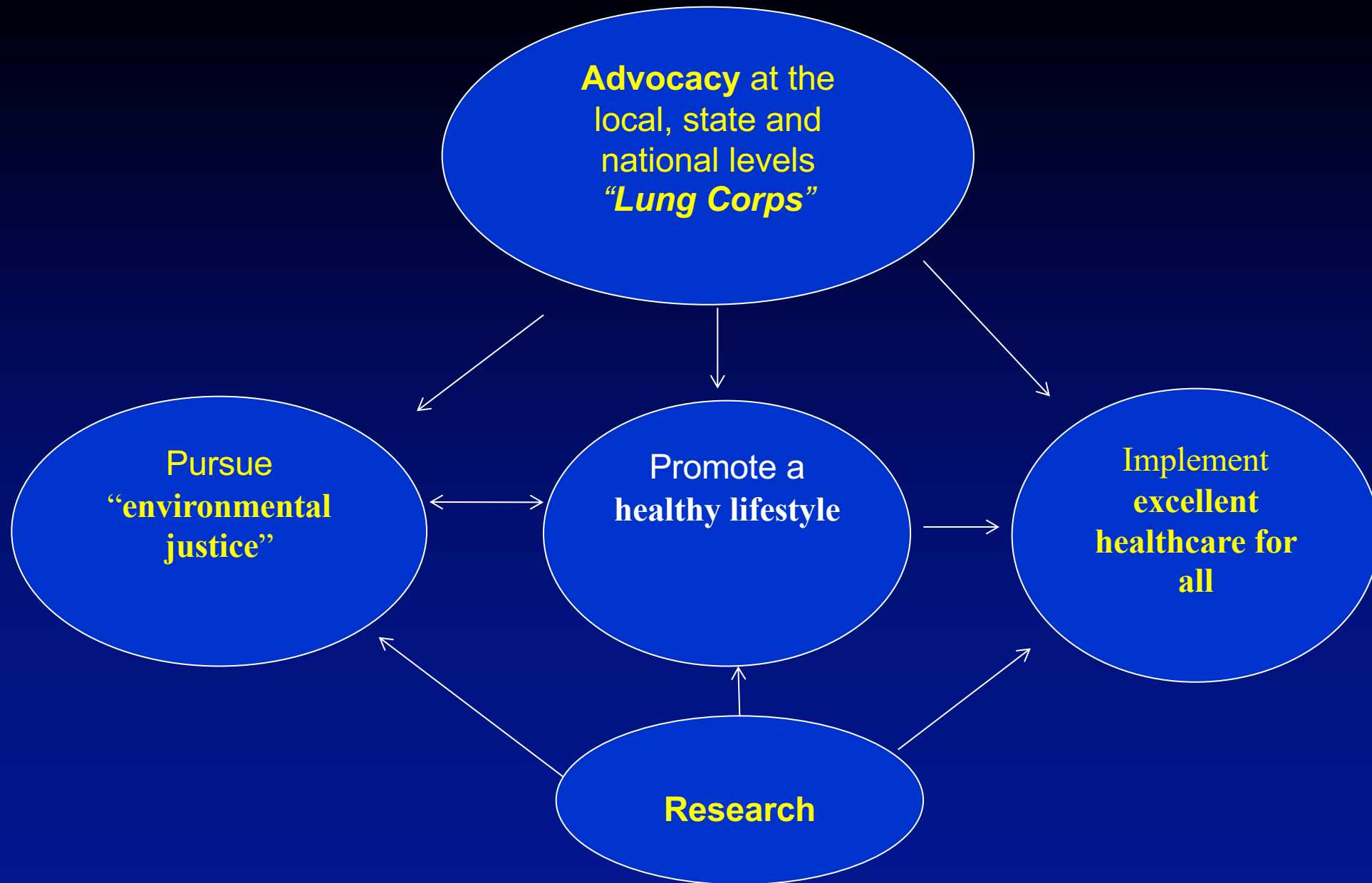
Severity of victimization	All participants	Male	Female
	Odds ratio, 95% confidence interval		
Any victimization	1.43 (1.29, 1.58)*	1.40 (1.23, 1.60)*	1.44 (1.24, 1.68)*
None	1.0	1.0	1.0
One type	1.27 (1.12, 1.44)*	1.27 (1.08, 1.48)*	1.26 (1.07, 1.51)*
Two types	1.68 (1.40, 2.02)*	1.63 (1.28, 2.08)*	1.70 (1.26, 2.31)*
More than three types	2.44 (1.94, 3.07)*	2.20 (1.60, 3.03)*	2.85 (1.89, 4.29)*

Five types of victimization included are: feared to attend school in the past month, threatened or injured by a weapon at school in the past year, physically abused by dating partner in the past year, ever coerced into sex, and ever bullied at school. *P <0.01

Models included age, sex (all participants), race/ethnicity, BMI, average hour of sleep, consumption of fruit or vegetable, and soda/pop, smoking, and used marijuana or illegal drugs.

Future directions

- Study of exposure to violence or chronic stress, nasal epigenomics, and asthma and treatment response in Puerto Rican children
- Study of nasal transcriptomics and asthma and treatment response in Puerto Rican children
- Birth cohort study of prenatal stress, epigenetics and childhood asthma
- Study of nasal epigenomics and transcriptomics and asthma morbidity among adults in HCHS/SOL
- Clinical trials of stress reduction, depression treatment, and weight loss on asthma morbidity



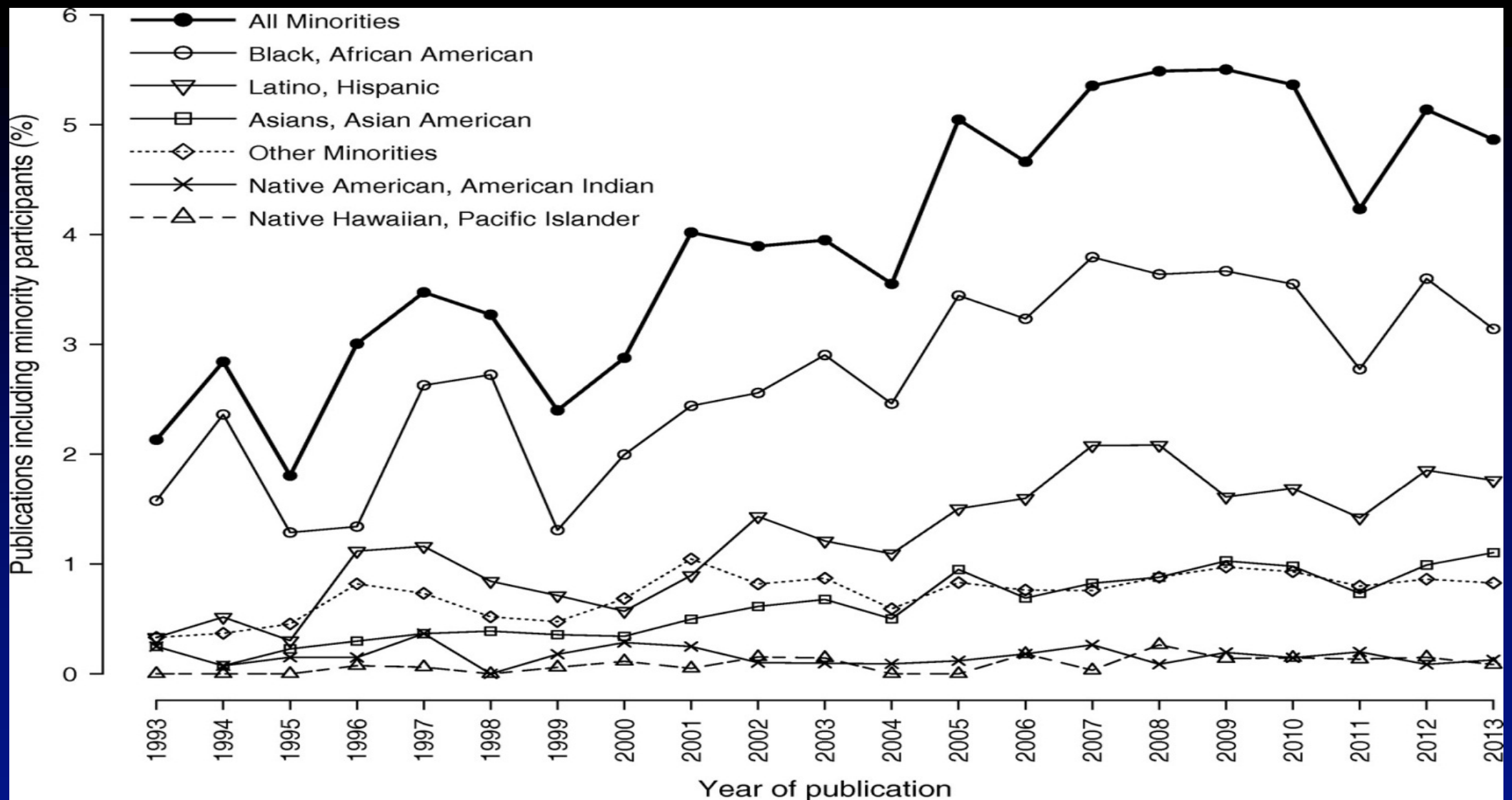
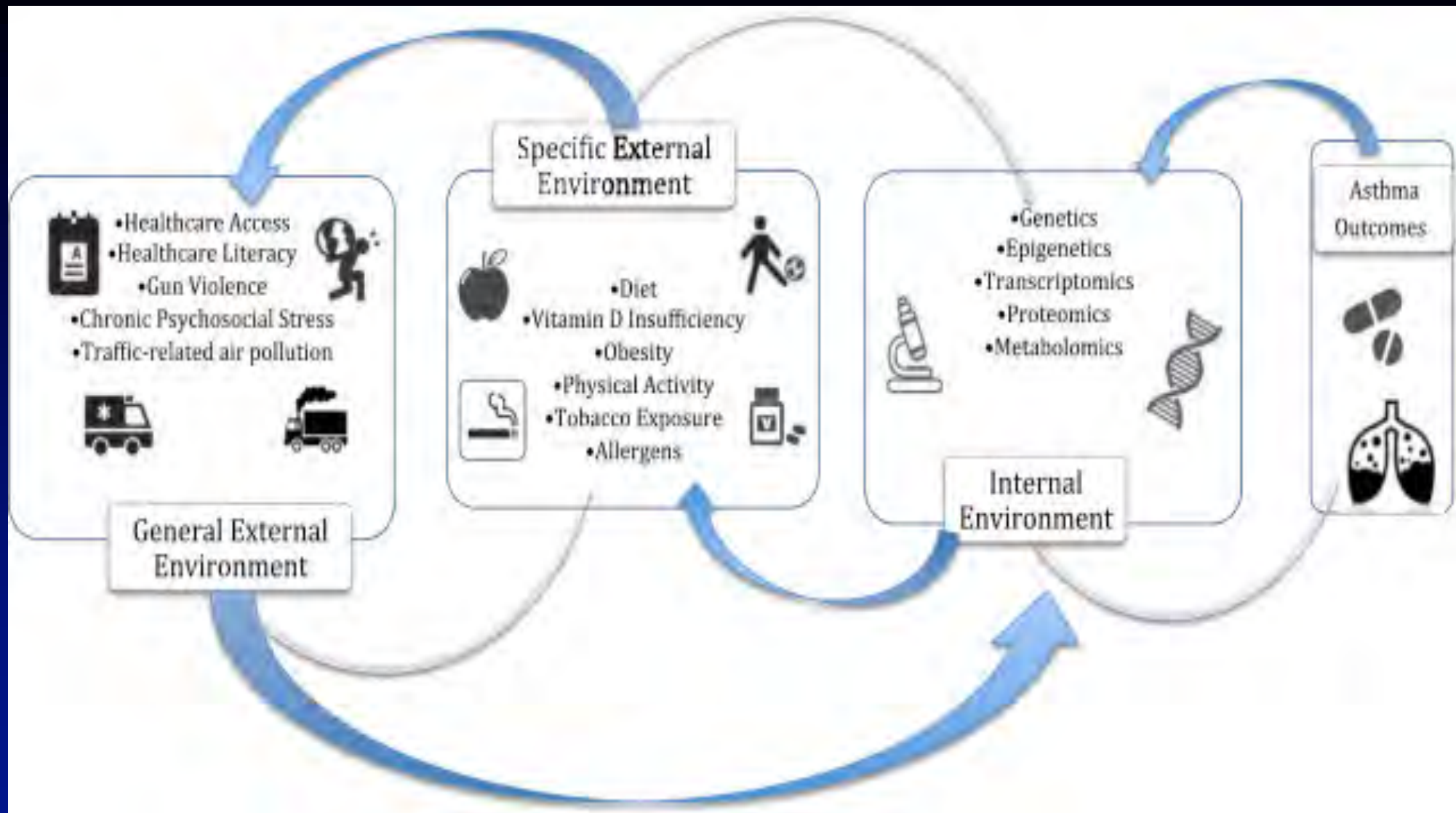


Figure 2. Race-/ethnicity-specific proportions reported for NIH-funded pulmonary publications in PubMed, 1993–2013.

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Szentpetery S,..., Celedón JC. J Allergy Clin Immunol 2016; 138:1556-1558.

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