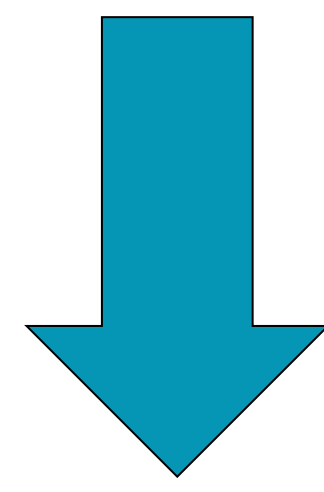


# Primary Care Mental Health Curriculum

## Problem Identification

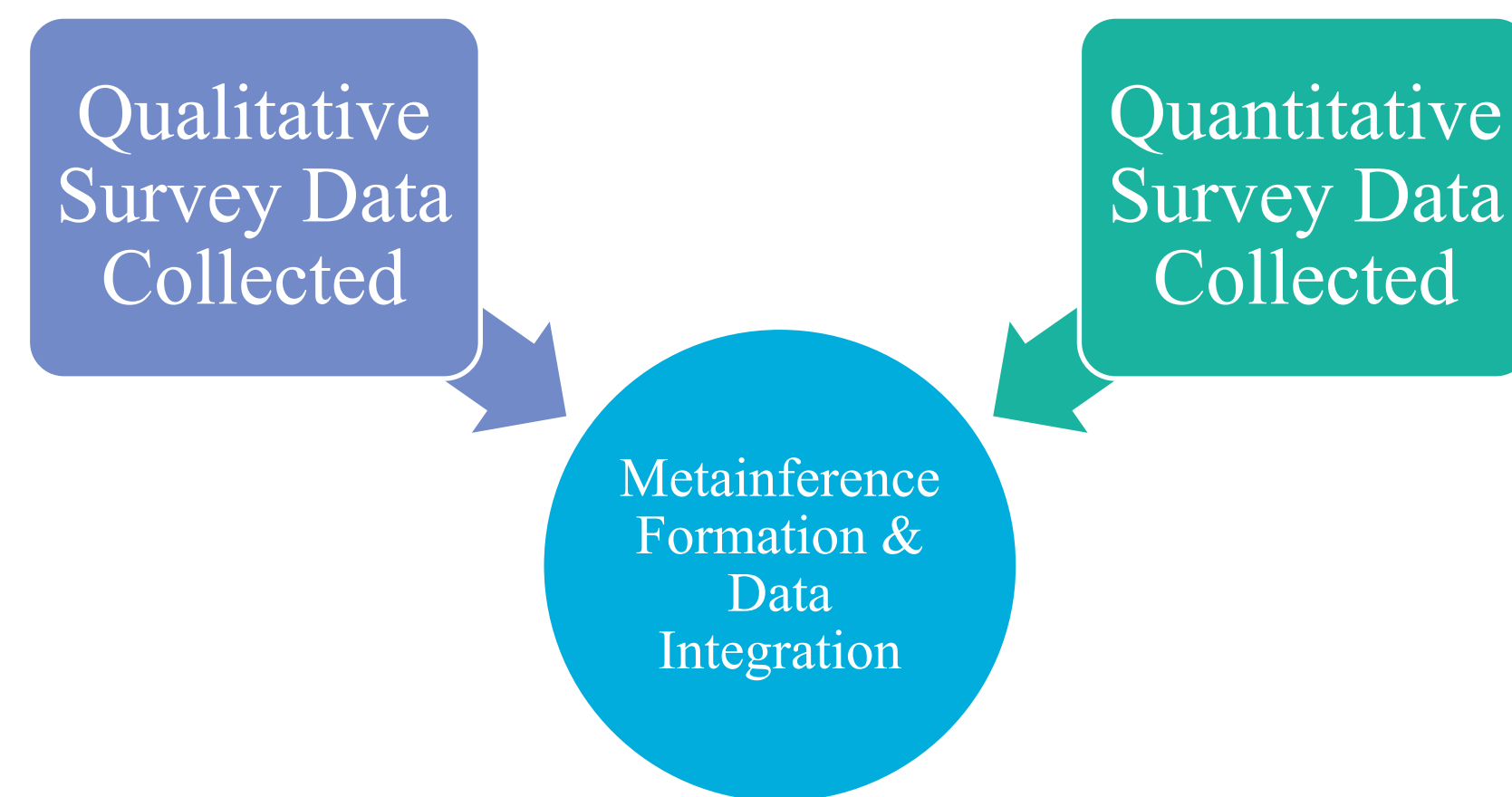
- 32% of Mental Health services provided by PCPs .<sup>1</sup>
- Two thirds of all PCPs report lack of mental health care for their patients. <sup>2</sup>



- Limited access to mental health services requires Family Medicine Residency training through a focused Primary Care Mental Health Curriculum .

## Needs Assessment

Stakeholders: Faculty & Residents



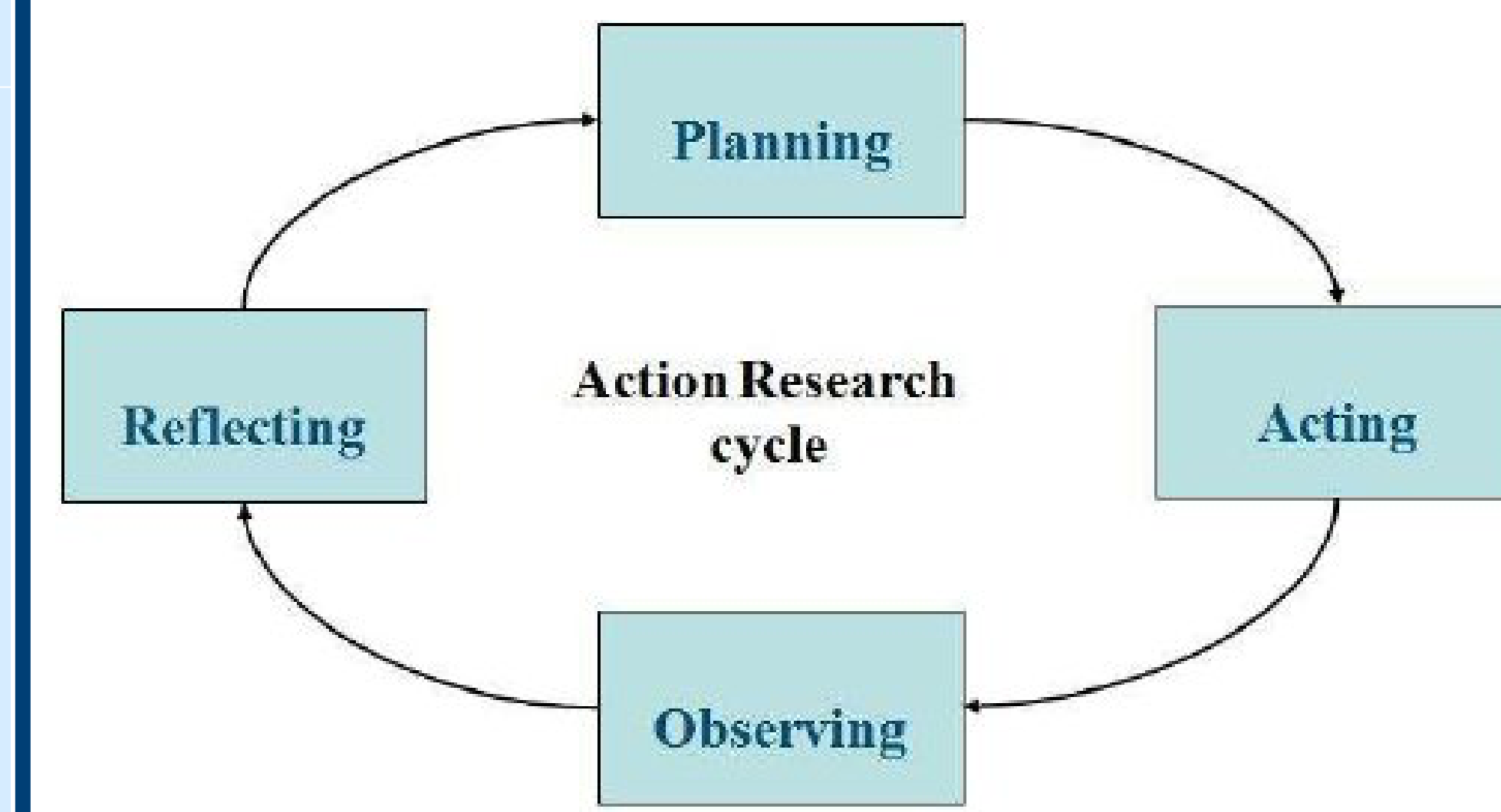
- Base Knowledge Differences
- Knowledgeable Diagnosis
- Therapy Strategies
- Care-Giver Modeling
- Interprofessional Incorporation
- Staying up to data with Mental Health



# Esiquiel P. Olivarez, Jr., D.O. HCA Fort Worth Family Medicine Residency

| Goal  | Objective   | Education Strategy   | Implementation  |
|---|---|--|---|
| Establish residents' base level psychiatric knowledge                           | Resident will successfully master an in-house training exam in basic primary care (PGY1)                    | PGY1 will complete an in-house exam on basic psychiatric diagnosis & care for evaluation                           | Yearly Psych shelf exam resulting in Assigned Modules (Milestones: Patient Care, Medical Knowledge)   |
| Frame a resident's/physician's role in primary psychiatric care                 | Residents in PGY1-3 will define the depth of psychiatric need in the US healthcare system                   | Didactic session on psychiatric need in the US health care system & primary care roles                             | Didactic Mental Health Topics (Milestones: Medical Knowledge, System-Based Learning, Interpersonal and communication skills)  |
| Identify the patient with psychiatric needs with proper diagnosis and treatment | Residents in PGY 2-3 years will complete a progressive module series on primary psychiatric care            | May utilize Board Review in psychiatric care & or journal articles & didactics with psychiatry/pharm collaboration | Mental Health Board Review questions (Milestones: Patient Care, Medical Knowledge)  |
| Strengthen resident/physician communications skills                             | PGY1-3 residents will articulate complex communication strategies for patients with psychiatric care needs. | Communication workshop on mental health interviews in a patient clinic visit                                       | Workshop with IBT – Drs. Farmer/Franks (Milestone: Patient Care, Professionalism Interpersonal and Communication Skills)  |
| Establish PCP primary care psychiatry and inter-professional team building      | The PGY 2-3 resident will experience inter-professional care  | Telemedicine patient visits & clinical visits  collaborations with psychiatry and pharmacy                         | Telemedicine & ambulatory clinic with psych/pharm co-management (Milestones: Patient Care, System-Based Practice, Professionalism Interpersonal and communication skills) |
| Build a framework for ongoing psychiatric care knowledge and implementation     | The PGY3 Resident will formulate a personalized plan for ongoing psychiatric care                           | Attend a primary care psychiatry conference or design a self-directed review of psychiatric care with Journals     | Primary Care Mental Health Conference hosting (Milestones: System-Based Practice Practice-based Learning and Improvement)   |

## Curriculum Evaluation & Management



- Using a model adopted from a conference paper from (2010), our goal will be to constantly engage in reflective practices using an action research cycle.<sup>3</sup>

**Cognitive:**  
Yearly Exams & IBT Observation Evaluations

**Affective:**  
Curriculum Committee Review; CCC Milestones Assessment; Annual Program Evaluation

## References

1. Donald Cherry, M.S.; Michael Albert, M.D., M.H.; and Linda F. McCaig, M.P.H.. Mental Health-related Physician Office Visits by Adults Aged 18 and Over: United States, 2012–2014. NCHS Data Brief No. 311, June 2018.
2. Mental Health Care Services by Family Physicians (Position Paper); <https://www.aafp.org/about/policies/all/mental-services.html>
3. Da Silva, C.F., Cunha, P.R., Melo, P., Themistocleous, M. (2010) Semantics take the SOA registry to the next level: An empirical study in a telecom company. Americas Conference on Information Systems

This work was supported in whole or in part by a grant from the Texas Higher Education Coordinating Board (THECB). The opinions and conclusions expressed in this document are those of the author(s) and do not represent the opinions or policy of THECB.